



JANUARY 2021 (#523)

CASSINGTON AND WORTON NEWS

Previous editions can be found at www.wospweb.com/site/cassington-online



HAPPY BIRTHDAY MAVIS

Congratulations and a Happy Birthday to Mavis Bowerman who is 90 years old on 2nd January 2021.

Mavis has lived in Cassington her whole life. She was born on 2nd January 1931 to Wilf and Iris Newport, who lived in Elms Road. She went to St Peter's school in Cassington and then to secondary school at Gosford Hill in Kidlington. On leaving school she went to work in Oxford, cycling there and back each day along the A40 when it was just a track!

In December 1952, she married her childhood sweetheart Ray Bowerman, who was a Kidlington boy. They met at Gosford Hill school and he was her first and only love. For the first two and a half years of marriage they lived in a caravan in Bell Lane until their house in Eynsham Road was built in May 1955.

Her daughter Jan (Faulkner) was born in August 1955 and her son Ian followed in 1959. Both of them still live in Cassington. Mavis now has 5 grandchildren and 3 great grandsons.

Advent Windows

We hope you enjoyed the Advent windows this year. Congratulations and thank you to all who took part. A very festive display, and we hope you had fun discovering them all.

The picture alongside shows a selection of the windows that could be seen by the copy date for this edition - so apologies if your window is not featured.

Thank you also to Vicky for taking the photographs and creating the collage.

CONGRATULATIONS

to Abbie Morton for designing the new masthead for CAWN. We hope you like it. Please see p3 for further details of the results.



Contributions should be provided by 20th of the month. Email submissions (in the body or as a Word attachment) to: cawnceditor@gmail.com. Photographs should be supplied as separate attachments, not placed in the Word file. Typed or clearly handwritten submissions may be posted to: Anne Luttmann-Johnson, 3 Foxwell Court, Cassington, OX29 4DW. We look forward to hearing from you.

welcome Anne's CAWNer

I hope you all had a Happy Christmas, albeit probably rather smaller and less sociable than normal. However we must all be encouraged by the knowledge that there will be an end to all of this in 2021. So that is a positive start to the year.

I hope you are also cheered (and amused) by the new masthead for CAWN. Thank you to Abbie Morton for the design. Please see further comments on page 3.

Last month I was delighted to include a contribution from Nugnug. I was all set to offer her a regular slot, speaking for all the animals in the village, but sadly she and Greyzie had an unfortunate encounter with a fox! So if anyone else has an animal with journalistic tendencies please do send in their thoughts and philosophical musings, and they too could become a CAWN contributor!

We do have one new feature - a seasonal recipe of the month. Thanks to Nav Dey for this suggestion and for the first recipe. It would be nice to have a different contributor each month, so if you have a recipe you would like to share please let me know - sweet, savoury, meat, vegetarian, vegan - I am keen to feature a wide range.

Finally the tea time teaser this month has gone a bit high-brow! I was thinking about New Year's resolutions which led me to motivational speeches. I could find many famous quotes that you would recognise from speeches made by men, but sadly not many by women. They are out there, and in my research I found some amazing speeches by women, but you may struggle to recognise the quote - that is my challenge to you this month!

HAPPY NEW YEAR

Anne x

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With special thanks to...

Lorna Mills, Fineprint Witney, Clare Want and her team and to everyone who actively participates in the production of Cassington & Worton Newsletter.

NHS Covid-19 Vaccine

The biggest news of December 2020 is surely the approval of a vaccine for Covid-19 and an expectation that others will follow, including the Oxford/AstraZeneca vaccine.

The Churchill Hospital, Headington has been designated as one of the hospital hubs to administer the vaccine, covering all of Oxfordshire as well as Buckinghamshire and West Berkshire. The first people to be vaccinated are the over 80's, care workers and front-line NHS workers from Oxfordshire and West Berkshire.

Sam Foster, the Chief Nursing Officer at Oxford University Hospitals Trust had the following message:

"Please don't contact your GP or other health professionals asking for the vaccine just yet. We know people are keen to have it, but we have limited supplies currently and will be contacting those who need it most first. Please do act on your invite and make sure you attend your appointment when arranged."

"We can all still help to keep ourselves and our loved ones safe by continuing to social distance, wear a mask and follow the hand hygiene guidance - this will save lives."

January stargazing highlights

Jan 2nd: Quadrantids Meteor Shower.

The Quadrantids is an above average shower, with up to 40 meteors per hour at its peak. It is thought to be produced by dust grains left behind by an extinct comet known as 2003 EH1, which was discovered in 2003. The shower peaks this year on the night of the 2nd and morning of the 3rd. Best viewing will be from a dark location after midnight. Meteors will radiate from the constellation Bootes, but can appear anywhere in the sky.

Jan 13th: New Moon

The new moon will not be visible so this is the best night for viewing far off galaxies and star clusters.

Jan 24th: Mercury at Greatest Eastern Elongation.

This is the best time to view Mercury since it will be at its highest point above the horizon in the evening sky. Look for the planet low in the western sky just after sunset

Jan 28th: Full Moon

The Moon's face will be fully illuminated. This full moon was known by early Native American tribes as the Wolf Moon because this was the time of year when hungry wolf packs howled outside their camps. This moon has also been known as the Old Moon and the Moon After Yule

Village Notices

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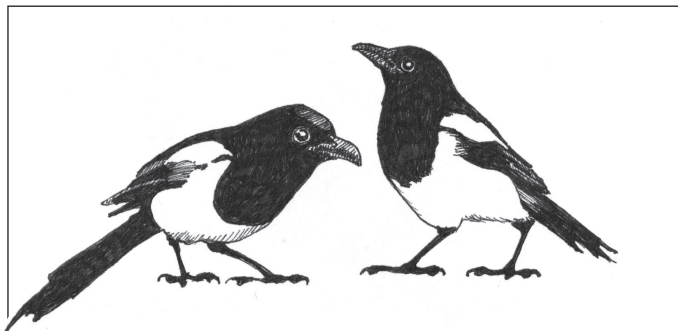
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Anyone who needs transport to hospitals for routine outpatient appointments please contact the patient transport number 0300 100 0015 or Volunteer Link Up 01993 776277 (there may be a charge).

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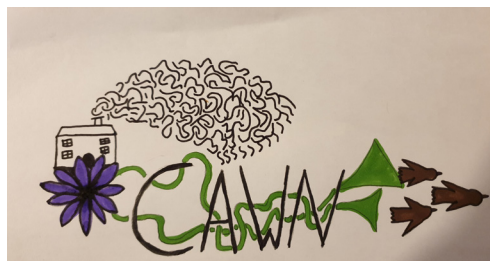
Email: bertiethesweep@ntlworld.com



IT'S COMPETITION TIME!

Thank you to all those who sent in designs for the front page. As you can see we have a new Masthead design. The idea came in a submission from Abbie Morton, so well done and thank you Abbie. Her design incorporated a coloured image from clipart, which would not have come out very well in black and white, so Kevin Hinton has kindly adapted Abbie's concept and type design to work well as our new masthead.

Another submission that deserves recognition was sent in by Cadi Jones. Her image is reproduced below – a beautiful hand-drawn scene that the judges loved, but it was felt that this was a little too elaborate for the front page.



Well done all of you and thank you.

Hello! My name is Julie Perrin and I am Cassington's Avon Lady. If you would like a friendly door to door service for all your toiletries, make-up and luxuries, please contact me any weekday afternoon on 07599 371930 for your free catalogue.

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 Tel. 01865 882168 for further details

CHELTENHAM

Festivals

We are delighted to announce the dates for this year's Festivals. They are:

Jazz Festival: 28 April - 3 May 2021

Science Festival: 10 - 13 June 2021

Music Festival: 2 - 9 July 2021

Literature Festival: 8 - 17 October 2021

We have learned a lot from our experiences during lockdown when we moved the Festivals digitally. For example, 32,000 children across the country took part in Create Your Own Literature Festival at school or at home, reaching beyond the 9,000 who attend in person each year.

In 2021 we are planning to build on this by expanding our digital reach and increasing accessibility online. We have ambitious plans for our Science and Music Festivals: concentrating them into a slightly shorter time-frame with digital events running concurrently for schools and new audiences.

Best wishes,

The Cheltenham Festivals Team

NEWS FROM ST PETER'S SCHOOL

A few highlights from this term's newsletters. Please see the website for more details and photos!

<https://www.st-petersoxon.co.uk/>



St Peter's love and care for the environment! All classes have a plan for the year to improve the school environment and educate themselves and others about environmental issues - check out the environmental projects page on the website <https://www.st-petersoxon.co.uk/pupil-leadership-groups/>.

We recently had a meeting on the school field with several members of the community who are going to help us with organising and planting hedging around the pond area and next to forest school. We are hoping to attract more wildlife which our younger children are going to monitor. We will give updates later in the year.

Willow and Maple classes (KS2) have been working on projects linked to palm oil and sustainable fishing. Have a look at the posters and information on the website – it is very enlightening. We are now a lot more aware of the environmental impact on these issues and pledge to make more sustainable choices; will you join us? Let us know!

Each term children earn team points for excellent effort in their work, showing the school values and for being good role models for other children. The competition was extremely close this term and any one of three teams could have won. With Sparrowhawks being one of the smaller birds of prey, it is no surprise they swooped in to catch the prize at the last moment!

Well done to everybody, it really was very close. For their reward, each child in Sparrowhawks chose a book. The children's love of reading (or just being given something for free!) was really clear to see with comments of 'Really?' 'We get to keep it?'. They all had huge smiles on their faces.

We hope the children enjoy reading the books and in years to come, will look in the front cover and see their name on the winners sticker inside the book and remember how their hard work paid off! On a side note, Mr Jeffries was really pleased to see one child choose his favourite book - the dictionary – an inspired choice!

At the time of writing, the festive excitement is mounting as we approach the end of term and complete more Christmas challenges! The children have again been handing in some superb efforts and it has been a real challenge to pick winners! (Have a look at the gallery on the website).

We have lots of Christmas activities planned for the week including an entertainer organised by the SPSA who will be giving a show virtually, the Christmas lunch (crackers organised by SPSA, thank you), a nativity presented by Revd Duncan and Carmen and of course the talent show. It's far from a normal Christmas but thanks to contributions from a lot of people we will still have a lot of fun.

We hope you had a very happy Christmas!

Jon Jeffries
Headteacher

Unlocking...
Minds that learn, Hearts that love, Faith that gives

A clean MOT for the new year.

Being a reasonable DIY mechanic I do nearly all the work on our Skoda (as well as our MG Midget) myself but the MOT on the Skoda falls in mid December.



For the MOT this last year I replaced the front suspension bushes and a track rod which all needed doing as they were all flagged as "advisories" last year. Also, as our garage isn't very wide these jobs had to be done outside. (I should have learned by now that crawling about outside to work on a car handling freezing cold spanners is not that pleasant in December, and maybe I should have MOTed the car early to bring the annual renewal date forward to the summer.)

However, all the toil and discomfort were worth it to receive a completely clean MOT certificate, first time, with no failures or advisories. A clean sheet, giving a real sense of joy for the new year of motoring.

A new year can be like that for our lives. A "clean sheet". Yes, there will be new challenges and difficulties to overcome in our lives, (just as the car is likely to need some attention in the year to come) but we have a chance to start afresh. Some of the difficulties of the old year may still be with us but, rather than dragging our eyes down, let us lift our eyes up positively to the potential of the year ahead.

As a Christian I know that stuff in my life is not always good but, I believe that, because of the Child, whose birth we celebrate each Christmas - but more importantly who died and rose again at Easter time - I can have that clean "MOT" and can move forward. Not held down by the past but empowered for what lies ahead.

St Paul writing in his second letter to the Christians at Corinth says this, "Therefore, if anyone is in Christ, the new creation has come: the old has gone, the new is here!" (2 Corinthians 5:17 page 201 in your Jubilee New Testament). Wishing you a happy new year and clean "MOT".

Revd Roger Aston



The Church of St Peter's is here as a fellowship to worship God,
build people up in Christ and share his love with others

JANUARY 2021

The church is open for individuals' private prayer daily.
There are clear instructions regarding the use of the church including permitted areas, and hand sanitizer is provided for everyone using the church.
Social distancing will be observed for services.

Services this month

Tuesdays weekly at 9.30am – Holy Communion (BCP)

Sunday 3rd January 9.30am Holy Communion (BCP)

Sunday 10th January - 9.30am Morning Worship

Sunday 17th January - 9.30am Holy Communion

Sunday 24th January - 9.30am Morning Worship

Sunday 31st January 9.30am Holy Communion

On-line streamed services are available every Sunday from 10.30am at
www.stpeterschurchcassington.org or www.stleonardseysham.org.uk

with resources for the whole family.

In partnership with St. Leonard's our children's and youth work continues.

Do contact us if you would like further details.

A phone line where anyone can phone in at any time to listen to our latest services is available on **01865 965018**. There are no additional charges for those who phone in.

St Peter's church continues to pray for the community of Cassington at this difficult time. Also please know that the clergy are still available at the end of the phone (or by email) for any pastoral concerns and/or issues for prayer.

If you have particular spiritual needs feel free to contact:

The Vicar – Revd Duncan Fraser Tel: 07810 324088 or

Associate Curate – Revd Roger Aston Tel: 01865 880757

Enquiries: Church Office: email stleonards_stpeters@btconnect.com

There are also resources on the Church of England web site: <https://www.churchofengland.org/>

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THE PARISH PRIEST: Father Mark Lagorio is happy to receive enquiries by phone on 01865 881613 or email stpeterschurcheynsham@gmail.com

On the Website you can click on Newsletter to see more details of Covid Regulations with a message from Father Mark and also see a weekly Homily/Sermon also showing how to view it on Youtube.

Our Church is OPEN FOR PUBLIC MASS on Saturday night at 5.00pm and Sunday Morning at 10.00am. Everyone has to be masked and hygiene and social distancing measures are in place with stewards on duty to make sure everyone keeps to the Regulations. Capacity is limited.

The Church opens 15 minutes before each Mass so it is possible that if you come at the last minute there might not be room for you. So far there has always been room for everyone.

Father Mark, the Parish Priest, still says Mass privately every weekday. You can always contact him to ask for special prayers. Just remember that you are being prayed for. You can also watch Mass from many other Churches live or recorded online.

Churchservices.tv

<https://www.mcnmedia.tv/>

<https://www.youtube.com/user/Godzdogz>

THANK YOU FROM CHURCHFIELDS CARE HOME

A special thank you to our wonderful community for your continued support!

As you would expect, this year has been a challenging one for everyone. The health and safety of all of our staff and residents has remained our top priority, and we couldn't be more thankful to our incredible team, who have worked tirelessly since February, but also to our wonderful families and our local community, who have supported us throughout this difficult year.

Our families, and our community, play a huge role in life at Churchfields, and we have missed you all so much this year. Our keenest wish has been to try and keep families connected as much as possible. Thanks to a warm summer, and the use of technology, we were able to have family visits in the garden during the summer months, and we currently enjoy daily Zoom or FaceTime meetings with all our families, and our community, as well as window visits.

Last month we were delighted to open our new, purpose built, Covid secure, family hub. This has allowed families to visit indoors, in the warmth. It has also enabled us to reconnect families safely, and all age groups, including grandchildren, nieces, aunts, brothers and sisters, some of whom have not been able to visit this year until now. We are so excited to have this wonderful facility, and the happiness it is creating.



For me, it is essential that our residents stay connected, and a part of life in our community. It gives them a sense of belonging, connection, and purpose, which is central to a happy fulfilled life. We have received numerous cards, letters, and gifts for our residents, but also for our staff, from family members and our wonderful community. This has meant the world to us. It has lifted spirits, and brought much happiness. Thank you so much.



I'm pleased to say life in Churchfields remains vibrant. Our residents are well and happy, and living an active life, thanks to our wonderful team. I'm only sorry that for the time being, you cannot witness for yourselves the

very palpable atmosphere of laughter, fun, and love I experience every time I open the door. We look forward to welcoming you all back before too long.

The excellent news about the start of a vaccine programme is tremendously exciting. However, we will remain cautious at Churchfields, and continue to keep all our policies and procedures the same for some months, as we await the roll out of the vaccine programme in our community. Now is not the time to drop our guard, but we look forward to more normality next year.



In the meantime, everyone at Churchfields sends their heartfelt best wishes to you all for a Very Happy New Year. Stay safe and well.

In the meantime, please keep following us on Facebook to see how daily life continues with our home.

Jane Roberts,
Churchfields Care Home

Observation

by Stephen Wright

Happy New Year! I suppose it's time I came up with some New Year's resolutions. Firstly, improve my hearing. I recently tagged along with a couple of housemates to a Toby's Carvery in Great Yarmouth, not that I'm a huge fan of either (the places, not the housemates), and two wrongs don't make a right, but I can't argue with having food cooked for me. On the drive back home, Matt asked me to play Yellow, so I began broadcasting Coldplay's 2000 single, only for him to clarify that I was supposed to be playing ELO. Quite the difference in genre.

However, there was no Mr. Blue Sky for me later in the month when I followed a very essential eleven hour round trip to Newcastle with three points, not on the table, but on my license for doing 35mph in a 30mph zone.

Thankfully, when times are hard, I need only remind myself that housemate Matt also revealed to us that he has a bidet, or a 'specialised bathroom fixture for washing your undercarriage', for those not in the know. Perhaps they're more commonplace than I had ever anticipated, so no offence intended if you too enjoy the comfort of a bidet.

Considering that romance and dating is non-existent in this day and age, unless you and your better half share an intense love for scotch eggs, my house have substituted finding partners with watching a series of films known as Gabriel's Inferno on a service provider called Passionflix. It's all very strange, not to mention that one of the main characters, presumably Gabriel, looks like Liam Fray from the Courteeners and I'm half expecting the film to cut to him on the main stage at Glasto.

As always, apologies if the niche references have gone over your head. I don't know what I'm talking about most of the time either.

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manager@churchfieldscarehome.co.uk
www.churchfieldscarehome.co.uk



SPSA NEWS

Thank-you to everyone who supported St Peter's School Association's various festive fundraising activities.



With no fundraising activities since lockdown and the cancellation of the Christmas School Fair, members of the SPSA were keen to do what they could to raise money for the school. But the level of generosity and support from the school community, villagers and local businesses was beyond what anyone could have hoped.

We still ran our annual Christmas Raffle and tickets became a sought after commodity – apologies if you missed out.

The children again designed their own Christmas cards (which is always a popular activity) and we added mugs, tea towels and bags as items that could be purchased with their individual designs on. It proved very popular.

We also asked the children to draw a self-portrait (and some drew the teachers!) and each was included on a tea towel (see alongside), which sold out.

Full details on how much has been raised will follow in the next issue. For now we just wanted to thank everyone for their goodwill and to wish everyone all the best for a happier and healthier 2021.

Thanks for your support!

Louise Judd and Garry Peasley
(Co-chairs of the SPSA)



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Parish Council News

Previous Parish Council Minutes can be found online at <http://www.wospweb.com/site/Cassington-Online/Parish-Council.htm>

December 2020

Parish Council meeting

The next Zoom meeting will be on January 7th at 7.30 pm. Please contact the clerk if you want to attend.

Blenheim proposal for allotment site development

The Parish Council understand that Blenheim are currently working on a new proposal.

Horsemere Lane and Cassington Lights

The Parish Council are with the help of Charles Mathew trying to find out how the current application for the new Park and Ride with Bus lane affects Horsemere Lane. It does appear that the OCC personnel dealing with this have changed recently and Charles Mathew is beginning to get some answers.

Website (same as last month)

The Clerk is working on this and hopefully in the New Year it will be up and running. The clerk still needs good quality photos of the village

School crossing/ 20mph zone (same as last month)

The Parish Council have been gathering views and information. Discussion will be part of our next Parish Council Zoom meeting.

Tree Planting

The Parish Council have put forward a proposal to plant a row of native hardwood trees along the southern boundary of the recreation ground (next to the track). The idea is in its early stages and the Parish council would look for comment and possible sponsorship. It is hoped to include the trees in the recent initiative proposed by Prince Charles. The proposal will be discussed at the next Parish Council meeting.

Parish Council work

The clerk continues to deal with the day to day matters and if any residents have a question please do not hesitate to contact her.

Dog Waste

This continues to be problem. The Parish Council decided to ask the police to become involved and warnings and fines will follow. The Parish Council have been made aware of two recent incidents and these will be followed up. Please let the Parish Council know if you are aware of offenders.

Neighbourhood Plan

Volunteers have come forward and the clerk will be in touch to set up the first meeting. Barbara King will be the Parish Council representative.

The Parish Council would like to have a logo for the village. If anyone is interested in helping design one please contact the clerk at Cassingtonclerk@gmail.com

War Memorial (same as last month, work in progress)

Quotes are being asked for the remedial works to the main column.

Once the quotes are received investigation will then follow to see what grants are available.

It does however look like the remainder of the money will have to come from a rise in the precept.

Defibrillator by Village Hall

New Batteries and Pads have been purchased and the unit is now operational.

Housing needs survey

Results of the survey are currently being analysed.

The results should be available for our January meeting.

Worton Entrance flooding

Hedging and ditches have been cleared by Jericho farm and further work towards and around the Thames water entrance will follow.

Precept

After along discussion the Parish Council have decided to increase the Precept

Significant operational costs have slowly eroded some of the reserves of the Parish Council.

The Parish Clerk continues to take on more work and together with demands from OCC to pay for surveys and road safety work more money is needed to cover these costs.

The remedial work on the War memorial will also have to be paid for out of the precept as there appears little chance of getting grants. The increase proposed will add 45p per household per week for an average dwelling

Christmas Tree on the Green

Blenheim have once again supplied the village with a tree free of charge.

Chairman: Cllr. Hugh Thomas, 20 The Green

Cllr. Julie Perrin, Triwood, 44 Eynsham Rd

Cllr Barbara King, 9 St Peter's Close

Cllr. Dave Butlin, The Squirrels, Bell Lane

Cllr Chris Metcalf, 2 The Tennis

Cassington Parish Council
Public Zoom Meeting
Thursday 7th January at 7.30pm

You are invited to attend a Cassington Parish Councils Zoom meeting.

An agenda will be published on the notice board 4 days before the meeting

If you are unable to make the meeting but wish to make a comment please email me at

cassingtonclerk@gmail.com

Join Zoom Meeting

<https://us02web.zoom.us/j/4238322327?pwd=b1FvVit6aGJOZ28renFxQ1BaN2ltZz09>
Meeting ID: 423 832 2327
Passcode: 6PuAqb



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We can assist you with specialist legal advice on Wills, inheritance tax planning, powers of attorney, helping with probate and generally protecting your assets. We also help protect the vulnerable or elderly.

Our tax specialists are also here to help with your personal tax compliance, including preparing personal tax returns and offering guidance on HMRC correspondence. They can also advise you on tax planning on the sale/gift of assets, including the new reporting of capital gains on the sale of private residences.

Dealing with your own affairs and getting them in order can appear daunting. We're here to make life easier. Do pick up the phone or email us and we would be happy to have a free, no-obligation initial chat with you. We can meet on video call or in person when safe to do so.



Anna Burnside PARTNER
anna.burnside@theburnsidepartnership.com

Jacqui Birks TAX DIRECTOR
jacqui.birks@theburnsidepartnership.com

For further information, please contact:
info@theburnsidepartnership.com



The Carpenters' Workshop, Blenheim Palace Sawmills, Combe, Oxfordshire OX29 8ET
T 01865 987 781 E info@theburnsidepartnership.com W www.theburnsidepartnership.com

FOLLOW US ON:

BLENHEIM



Estate-grown Christmas Trees

We're excited to be selling Estate grown Christmas trees to get you in the festive spirit. Trees will be on sale from Friday 4th December, from a new location just outside of the Park gate in Woodstock. Social distancing measures will be in place and the team will be taking contactless payments only.

Go to blenheimestate.com for more information.

Our Bursary Supports Eco-Friendly Village Refill

Our charity and community bursary fund is helping local business, The Village Refill, deliver earth-friendly household cleaning and body-care products to Woodstock and the surrounding villages. Thanks to a £3,000 grant, founders Maya Ellis and Krystina Reynolds, have purchased an electric van, which will allow them to expand their growing business. Shop online at thevillagerefill.co.uk

Christmas at Blenheim Palace

We love Christmas at Blenheim Palace and we are so happy that even though 2020 has been a difficult year, the good news is Christmas will still be happening, although a little differently this year. But don't worry we haven't gone all Baa Humbug... For 2020 we cannot offer joint tickets for the Palace and Light Trail. Book your tickets and time slots separately at blenheimpalace.com/christmas

Buy One Day, Get 12 Months Free*

For the latest news and updates visit blenheimpalace.com



*Terms and Conditions Apply

BONNERS OXFORD

The Oxford Covered Market
Oxford OX1 3DU
Online Orders: www.bonnersoxford.shop
Phone: 01865 242183

We are an independent family business, based in the historical Covered Market Oxford since 1952. As well as supplying local businesses, we also have our online shop for home deliveries of fruit and vegetables, and other products from local businesses in the Covered Market and Oxford, to Oxfordshire – bringing your local, market experience to your doorstep.

We stock a very wide variety of fruit and vegetables, as well as fresh herbs and nuts. We are passionate about supporting local farmers and reducing the carbon footprint across the food chain; reducing plastic packaging and keeping food miles low. We stock seasonal produce from our local suppliers (when available) and source the more exotic in-demand goods such as avocados and mangos via the London markets. To do our part, we sell fruit and veg loose when possible or bag produce in brown paper bags.

To order from Bonners, go to our website www.bonnersoxford.shop and start shopping. Alternatively, if you feel more comfortable ordering over the phone, we would be glad to hear from you.

We have a large range of stock on our website, which is constantly updated as the seasons change and the produce changes with them. We also offer to deliver produce from some of our friends in the Covered Market and elsewhere in Oxfordshire alongside your Bonners order. These include products such as bread, pies and quiches, meat, cheese, flowers, fresh fish, and much more!

Especially for our friends in Cassington, we have a special code which when entered at the checkout on our online shop gets you 10% off your order. Deliveries for Cassington will be on Thursdays to the Village Hall.

Coupon code: CASS601



Woodstock Solicitors

WILLS ~ PROBATE ~ POWERS OF ATTORNEY

INHERITANCE TAX PLANNING

Tel. 01993 811 792

Email info@woodstocklaw.co.uk

Woodstock Solicitors - 1st Floor - 32 New Road - Woodstock - OX20 1PB

RECIPE OF THE MONTH

In thinking about what I like to cook in January, I am reminded that I am always ready to counter the indulgence of lovely meats, cheeses and festive treats that inevitably feature throughout the Christmas and New Year holiday. I usually look to vegetarian options, particularly warm winter salads. Here is one of my favourite ways to have cauliflower in its cold season:

WARM SPICED CAULIFLOWER SALAD

1 head cauliflower broken/cut into small bite sized chunks
1 tsp cumin seeds
1 heaped tsp ground cumin
1 heaped tsp ground coriander powder
1 tsp tumeric
¾ tsp salt
½-1 tsp chilli powder (to taste)
1 white onion
freshly chopped coriander
big handful baby spinach

- break/chop the cauliflower into small bite sized fairly even pieces
- whisk all dry spices above into about 2 tblsp oil - I tend to use rapeseed if roasting veg like this. Basically enough oil to coat all the cauli.
- toss cauliflower in spicy oil until all coated

- cook in hot oven, say 190 deg C for about 30 minutes or until the thicker part of the cauliflower is tender. Keep checking and mix around if any cauliflower not coated.
- whilst this is in oven fry thin slices of the onion until crisp, dry off on kitchen roll if needed
- remove cauliflower when done and slightly cool before tumbling with fresh baby spinach leaves, it will wilt enough with the latent heat
- top with crispy fried onions and freshly chopped coriander
- if you can get a pomegranate it adds a nice look and sweet note if sprinkled on top, and pistachio nuts if doing for a dinner party (what are those again?!)

Great as a warm winter salad as a main, or as a funky side dish. Sometimes, I add chickpeas about 10 mins before the cauliflower is done, if I want to bulk it out as a main. If doing this increase the dry spicing slightly. If you want a fresh contrast, top with some minty yogurt (just fresh mint whizzed into natural yogurt, or failing fresh mint, good old mint sauce in yogurt works too - have had to do this many a time!)

Here's to a healthy and safe 2021 to you all.

I am delighted to pass the wooden spoon onto the lovely Jaime Johnson of Elms Road for a fabulous February idea. Jaime is a keen fellow organic vegetable gardener and a super seasonal homecook. Jaime, it's over to you.....

Nav x


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Welcome to the Home of Alan Aston Roofing Supplies and Oxford Salvage

Alan Aston Roofing Supplies have been in trading since 1st May 1989. We stock all types of roofing materials for flat, tile, slate and industrial roofs. Offering competitive prices with a prompt, efficient and friendly service either by phone or our trade counter. Always trying to satisfy the customer on all orders, large or small.

Oxford Salvage Ltd have been trading since 1995. Set in 2 acres, with warehouse storage, we are able to offer some of the largest stocks of reclaimed building materials in the county and also stock many architectural antique items including victorian fireplaces, surrounds, doors and much more. We can also provide a fast and reliable delivery and collection service with ability to crane off

We are located at Bell Lane, Cassington, just off the A40 between Oxford and Witney.



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We're also looking for building professionals to join the team to help us coordinate and deliver retrofit projects in Oxfordshire.

Get in touch to express your interest...

✉ membership@retrofitworks.co.uk

📞 **0300 303 1269** (Mon-Fri, 9am-5pm)

*Committee on Climate Change, February 2019

MAKE YOUR WORKPLACE ENERGY EFFICIENT

Local workplaces could be saving money every year and cutting their carbon emissions at the same time – here's how:

Buildings are responsible for 29% of our annual carbon emissions according to the UK Committee on Climate Change.

Heating and electricity are necessary to keep our businesses running and our employees and customers comfortable. But, in the UK, our buildings are old and inefficient. We waste energy through the outdated fabric of our buildings - single-glazed windows, uninsulated walls or roofs, high energy lightbulbs, and more – in our workplaces as well as our homes.

So what can we do about it? The answer lies in energy efficiency. Energy efficiency measures reduce energy use. This could be draught-proofing around windows and doors to reduce heat loss, or installing a low carbon heating system to replace your old, faulty boiler,

Energy Solutions Oxfordshire has been set up by local social enterprise the Low Carbon Hub, in collaboration with the not-for-profit Environmental Information Exchange unit at Oxford Brookes University to address this problem head on.

It's a complete, 'one-stop' service, making energy efficiency improvements as simple as possible to help organisations save money on their energy bills whilst minimising their carbon footprint. They look after the whole process for the business, and if upfront costs are an issue they'll do their best to help the organisation access low-interest loans and finance opportunities.

The development of Energy Solutions Oxfordshire is supported by funding from the UK Government's Department for Business, Energy & Industrial Strategy's Boosting Access for SMEs to Energy Efficiency (BASEE) competition. This funding means that until March 2021 the service is free until the point when improvements are implemented – meaning that right now you can access their expert advice on recommended measures, project planning, suggested contractors, a measurement and verification plan to measure savings, and more for no cost.

So if you own, or work for, a local business which you think could do more to improve energy efficiency at its premises, now's the time to do something about it.

Head to energysolutionsoxfordshire.org/register or email hello@energysolutionsoxfordshire.org to get started.



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Providing you with the best advice is our priority

We strive to help our customers achieve their financial and property goals, why not arrange a free 'no obligation' meeting to see if we can help you.

Now more than ever it is important to make sure your finances are in order and the correct planning is in place should the worst happen.

"It can never be too soon, but it can be too late"

Talk to us today to see if we can 'make it happen' for you.

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WATCH OUT FOR SCAMS

Scams affect the lives of millions of people across the UK. People who are scammed often experience shame and social isolation as a result.

Friends Against Scams is a National Trading Standards (NTS) Scams Team initiative, which aims to protect and prevent people from becoming victims of scams by empowering people to take a stand against scams.

Do you know how to spot a scam?

Not all communications that contain the items below are scams, but if you do receive something telling you to carry out one of these actions, you should be wary and get a second opinion from a trusted friend or relative:

Things to look out for:

- The person contacting you is asking you for money to access your winnings.
- Too good to be true offers such as guaranteed lottery winnings.
- Pressure to respond quickly, "limited offer respond now, don't delay."
- Encouraged to keep communication secret from family or friends.
- Told to send money abroad or move your money into someone else's bank account.
- Encouraged to click on links or open attachments in emails.
- Phone calls that come from unknown or foreign phone numbers.

The Oxfordshire Museum

Woodstock

A large 18th century house in the heart of Woodstock is home to the County museums collection, telling the story of Oxfordshire from dinosaurs to Anglo Saxons and Victorians.

Garden Café & Gift Shop

Beautiful walled garden, perfect for picnics

Distance Exhibition

Open until February

Distance is explored through Oxfordshire landscapes townscapes and through depictions of events and activities. In addition to work by well-known artists including William Turner of Oxford and Stanley Anderson

FREE ADMISSION

T: 01993 814106

W: Oxfordshire.gov.uk/museums



@oxonmuseum



Scams cost the UK economy £5-10 Billion a year
53% of people aged 65 or over have been targeted
5% of scam victims report the matter to law enforcement
Anyone can be a victim of a scam no matter what their background.

The people behind scams are ruthless predatory criminals.

What are the different types of scams?

MAIL SCAMS

Common types of postal scams include fake lotteries and prize draws, offers of investments, inheritance windfalls, health cures and clairvoyant letters.

TELEPHONE SCAMS

Common telephone scams include investment, pension or computer support scams. The person calling is often extremely professional and may pretend to be from a trusted organisation such as your bank, the police or another company you recognise. The caller may have some of your information to make them seem genuine.

DOORSTEP SCAMS

Criminals pose as legitimate business people selling goods or services that are faulty, unnecessary, overpriced, poor quality or non-existent.

INTERNET SCAMS

An email may be disguised to appear to be from your bank or other company in order to trick you into revealing personal details. You may be asked to click on a link which takes you to a fake website where you will be prompted to enter your details.

How to protect yourself and others

- Say 'No' to unwanted, uninvited callers.
- If an offer seems too good to be true, it probably is.
- Don't feel pressured to make a decision, take your time and seek advice.
- Be wise to postal scams, no genuine company will ask for money to claim a prize.
- Keep your personal details safe, always make sure the person you are talking to is genuine and from a legitimate company.
- Be online savvy, criminals can replicate genuine companies, If your unsure, don't open links or attachments in emails.
- Talk to someone you trust if you're suspicious.

Anyone can be a scam victim. If you spot a scam, always report it.

For more information

Visit www.FriendsAgainstScams.org.uk

To report a fraud, contact:

Action Fraud on 0300 123 2040

To get advice, contact:

Citizen Advice Consumer Helpline on 03454 04 05 06

If someone is in immediate danger call the Police on 999

TEA TIME TEASER

The following are extracts from famous (or possibly not so famous) motivational speeches. Can you work out the phrases, but also who said them, where or to whom and when? 3 were made by men and 3 were made by women.

1. N I T field O H C W S much O B S M T S F
2. I H A D that O D T nation W R U and L O T T meaning O I C
3. If Y D K H T fix I, P stop B I
4. H R are W R and W R A H R
5. A not W Y C C D for Y - A W Y C do F Y C
6. We M R O D D. W M A raise O S D.

Answers next month

Answers to last month's Christmas songs and carols:

1. Rudolph the Red Nosed Reindeer
2. Oh Come all ye Faithful
3. Have yourself a Merry Little Christmas
4. Fairytale of New York
5. Hark the Herald Angels sing
6. I wish it could be Christmas everyday
7. The Holly and the Ivy
8. Santa Claus is coming to town
9. All I want for Christmas is You
10. Away in a Manger

CASSINGTON SPORTS AND SOCIAL NEWS

Cassington Sports and Social Club wants to say a huge thank you to the families in Elms Road who donated money to the Club in lieu of Christmas cards. This was very much appreciated, especially as we have not been able to run any events this year due to the pandemic. We hope to get some organised next year, when circumstances permit.

The Play Equipment has passed its annual inspection. Issues with the MUGA padlock have now been sorted and it is working again. The MUGA is being used regularly by football clubs including Cassington Rangers and various teams from Combe.



FOOTBALL NEWS

Football training continues on Tuesday evenings at 7.30pm if Covid-19 guidelines permit. January fixture details will be on the Cassington Rangers Facebook page.

December's results

- 05 12 20** Aston 2 - Cassington Rangers 3
Goal scorer for Cassington: Tyler Walker
- 12 12 20** Cassington Rangers 8 - Ascott rangers 0
Goal scorers
Jason Blackman 4
Tyler Walker 1
Nick Edwards 1
Lewis Hooper 1
Nathan Prestidge 1

VILLAGE HALL BOOKINGS



For information, and to book the Village Hall, contact:

Kathryn Teal, 07964 726843 or email

cassingtonvillagehall@gmail.com

Don't forget ... When you book the Village Hall you can make use of our wireless broadband connection – ask Kathryn for details when you make your booking

cassingtonvillagehall.org.uk

Sports & Social Club

Please do get in touch if you would like to hire the Pavilion, the playing field or the MUGA, or know of other sports teams that need a place to train or play.

Cassington Sports and Social club pavilion hire prices.

	Weekdays per hour	Weekends per hour
Village rate	£10	£14
Non-village rate	£12	£16
Commercial hire	£18	£20

- Muga hire £22 per hour
- Adults grass football pitch and pavilion £35 per game
- Cricket pitch and pavilion £50 per game
- Tennis court £10 an hour or free if you have a Muga annual pass (June-September)

Please email Graham for all enquiries and bookings
cassingtonsport@millsclan.force9.co.uk

Gardening Tips



Jobs for January

1. Check winter protection structures are in place.
2. Check greenhouse heaters are working and insulate taps.
3. Harvest leeks, parsnips, winter cabbage and sprouts.
4. Deciduous trees and shrubs can be planted.
5. Keep mice away from stored produce!

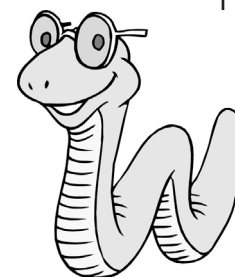
Cassington Bookworms

There is no meeting in January.

We are currently reading

'The Hypnotist's Love Story'

by Liane Moriarty



what's on?

Dates for your diary

January 2021

Thursday 7th 7:30pm (via zoom) Parish Council Meeting

Wednesday 20th February CAWN deadline

February 2021

Thursday 4th 7:30pm (tbc) Parish Council Meeting

Saturday 20th March CAWN deadline

CAWN Advertising rates

Village events and fund-raising stuff is free. Simple local services, 'for sales' etc., are also free on the "noticeboard" page/section. However donations towards printing costs welcomed. Suitable commercial businesses are invited to support our community by buying advertising space at the following rates:

1/8 page, £6 (£60 per year) (landscape)

1/4 page, £10 (£100 per year) (portrait)

1/2 page, £15 (£150 per year) (landscape)

Full page, £25 (£250 per year) (portrait)

Technical details for artwork are available on request. All material included at the discretion of CAWN. Any surplus will be passed to the Cassington Parochial Charities to support our community.

Charles Mathew - Oxfordshire County Councillor
charles.mathew@oxfordshire.gov.uk
01865 882205

Dan Levy - West Oxfordshire District Councillor.
dan.levy@westoxon.gov.uk or
07852 748362 (mobile and whatsapp)

Neighbourhood Watch Co-ordinators

The aim of Neighbourhood Watch in our village is to look out for one another, keep everyone safe and bring all sections of our community together. Please find below contact details for the NHW co-ordinators:

Eynsham Rd	Julie Perrin	07599 371930
Hollow Frlg & Manor Cl-	Julie Perrin	07599 371930
Mill Ln & Pound Ln	Sara Bolton	07930 307298
Church Lane	Nav Dey	07989 527835
Green & Williams Ct	Sally Britton	07962 177221
Elms Rd & Foxwell Ct	Sally Britton	07962 177221
Barrow Ct	Nicola Jeeves	07930 888664
The Tennis & Bell Ln	Vicky Thomas-Clarke	07917 403976
Bell Cl & Orchard Cl	Carol Conway	07789 534456
St. Peter Cl	Cate Sirkett	07968 720241
Lynton Ln & Bell Ln	Kathryn Teal	07964 726843
Horsemere Lane	Stacey Noton	07717 874552

Find us on 

Cassington Village Group

An informal group for anyone living or involved with Cassington village. Anything of interest can be posted such as events, tips, local news, request for information or advice or anything of interest to the local residents.

Cassington Sports and Social

Sports and social club that organises events to upkeep the field, muga, pavilion and play equipment.

Cassington Players

A page originally set up for anyone involved in the village panto Sleeping Beauty back in 2013 and subsequent productions by the village drama group.

Cassington, then and now

Interested to see how Cassington has evolved over the years? Or do you have any old photos of the village you wish to share? If so, search "Cassington then and now" on Facebook and feel free to join the group.

Cassington NHW

The local Neighbourhood Watch group.

Red Lion, Cassington

Proper old fashioned English public house built in 1510 with the best beer garden in the shire.

The Chequers Inn

Pub, Restaurant and Rooms in Cassington

Save Cassington Allotments

Fighting to prevent houses being built on the village allotments

Some online correspondence about Cassington and neighbouring villages can be found on



Village contact list

Allotments, Cassington	01993 882590
Bartholomew School, Eynsham	01865 881430
St Peter's Church Cassington	01865 883325
Chemist, Eynsham	01865 881283
Dentist, Eynsham	01865 880047
Fire Station, Eynsham	01865 881337
Flooding, WODC	01993 861000
Gas Leaks	0800 111 999
Library, Eynsham	01865 880525
Medical Centre, Eynsham	01865 881206
Pest Control, WODC	01993 861060
Play Area Repairs, Parish Council, cassingtonclerk@gmail.com	
Red Lion, Cassington	01865 881371
Sports Pavilion bookings (Graham Mills), Cassington, cassingtonsport@millsclan.force9.co.uk	
St Peters School, Cassington	01865 880443
The Chequers	01865 882620
Waste Collection, WODC	01993 861020
Village Hall bookings cassingtonvillagehall@gmail.com	