



JUNE 2020 (#516)

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Previous editions can be found online at
www.wospweb.com/site/Cassington-Online

Cassington and Worton News

On the loose in Cassington – flittermice, moldwarps and hotchi-witchi's!

While mornings are a great time of the day for birds, the evenings belong to our local mammals. I often sit outside with my obligatory mug of tea musing as to what little (and not so little!) critters visit my garden? I don't usually have to wait long before I can part answer my question, as currently there are plenty of Pipistrelle bats flying around. As I watch them flying about the gardens, I am reminded of their folklore name: the "flittermouse". Flittermouse is their old English name which also closely matches a bat's name in German, and it is likely that the old English name owes its origins to the translation of "Fledermaus". Whilst not biologically correct, in that bats are not mice (rodents), they have their own biological order, I do love their country name – so evocative!

I often think about when we first moved into our house and we wondered what to do with the garden. No sooner had we moved in than we were welcomed by the characteristic tell-tale mound of molehills in our garden! The name mole is of late Middle English origin and likely derived from "moldwarp", which means 'earth thrower'. As we might expect there are local derivations of this including mouldywarp and mowdywarp, the latter still used by Cumbria folk. Interestingly moldwarps appear in literature quite frequently, although usually in a derogatory way. Lovers of Shakespeare (i.e. Bridget!) may recognise its use in describing someone who makes a short-sighted decision. The metaphor 'a mountain out of a molehill' probably owes its origins to a corruption charge against Sir Thomas More (Henry VIII's mate – not) which was overturned; the court records noting 'Thus was the great mountain turned scant into a little moldhill'. The moldwarp also features heavily in folk medicinal remedies too, supposedly curing a range of ailments from toothache to epilepsy!

As I wind my way home in the small hours from nights out at music venues in our capital, I often catch sight of a fox – much to the despair of the village chicken-keepers no doubt! Rather surprisingly the red fox has remarkably few folklore names, despite its reputation as an unwelcome thief and trickster. The most commonly one encountered is "Reynard" which owes its origins to a series of medieval stories surrounding an anthropomorphic fox who went by that name. The stories were very popular in the 13th century, so much so that "renard" became the standard French name for the fox used today. Another old country name for the fox is "Tod", which is still widely used in the north of England and Scotland and immortalised in Beatrix Potter's "Tales of Mr Tod". While it may have relatively few folklore names, the fox has lent its name to many dozens of plants around the world simply because of the resemblance of their flowers to a fox's tail. Some British plants have local names linked to foxes; red valerian for example is known as fox's brush in parts of south-west England. However, the most obvious fox-plant link known to most of us is the foxglove. This name stems from the folklore belief that foxes wore foxglove flowers as gloves on their paws, so as to remain

quiet when they sneaked up on their prey. Ingenious!

Probably the most loved mammal in our gardens is the hedgehog, sadly in significant demise these days, the result of a cocktail of habitat loss, inappropriate gardening practices and the impact of roads. Interestingly the hedgehog has a plethora of folklore stories surrounding it, unfortunately most of which are completely without foundation. Pliny the Elder in the 13th century suggested that they climbed trees (?) and used their spines to impale fruit for future consumption; they are said to be immune to snake venom (not true – but getting a bite "in" is difficult through all those spines); and that they suck milk from cows laid down in pastures (they are lactose intolerant and milk makes them ill so please don't put it out for them – just make sure they can access water safely). In keeping with so many of our native species the hedgehog has a host of folklore and regional names. A common and obvious one is urchin, which also used to be the name given to their young, but in more recent times this has been replaced by hoglet. Depending on where you come from, they are a thorn-pig, or hedgepig, or a pricklepig. "Tiggy" (obviously!) has a host of country names, many of which have strong regional associations. My favourite is the old Romany name for the hedgehog – hotchi-witchi, although I should point out that this is also the term used to describe them as a food item, the end product of their being encased in clay and roasted on an open fire.

To conclude I will mention something I have not seen in my garden or indeed in the village, but nevertheless a species we are all too familiar with as we travel our local road network – the badger. Unfortunately, most of us only see badgers dead at the side of the road, the victim of their most voracious predator – the motor car. I spend quite a bit of time looking at badgers up in Wytham Woods (under licenced supervision I might add!) and every single time I see them I am enthralled. Many of you will know that they have the country name "brock". Brock is an old Celtic word which means grey or grizzled – a very apt name for the appearance of the badger. Other local names for the badger also owe their origin to the badgers appearance – "grey" or "bawson" sometimes used regionally, the former derived from their coat colour, the latter a derivation of "bawsend" which is an old term for striped. There are quite a few different suggestions as to the origin of the name badger. Many sources suggest it is merely a derivation of "badge" which references the very distinct facial markings. You may have read that the name is said to derive from the French 'bêcheur' meaning 'digger'. However, the French name for the badger is "blaireau" which translates into "corn hoarder" – which is indeed one of the badgers preferred food items when in season. So, for me, the jury is out on the French connection!

Your garden will almost certainly be home to a host of mammals, big and small. Spend some quiet time on an evening and see who pays you a visit – you never know who will turn up. Better still – why not treat yourself to a camera trap – they are very reasonably priced these days and are an amazing way of getting up close and personal with your garden visitors.

Stay safe - Stew Thompson

Contributions should be provided by 20th of the month. Email submissions (in the body or as a Word attachment) to: cawneditor@gmail.com. Photographs should be supplied as separate attachments, not placed in the Word file. Typed or clearly handwritten submissions may be posted to: Kevin Burroughs, 5 Hollow Furlong, Cassington, OX29 4ET. We look forward to hearing from you.

welcome

Kevin's CAWner

Taken from a recent article by Paul Jarvis I read online

It's hard to think that something we believe to be correct could be wrong.

But, this is precisely where truth is determined, since the best measure we have for knowing something is true is consistency.

Being challenged helps us make our work and ideas stronger. It aids us in making them larger truths. I don't know why so many people shy away from being challenged—it's definitely tough and sometimes a hard pill to swallow...

Being challenged is also a supremely pragmatic benefit to diversity in workplaces (virtual or otherwise). The more differences there are in the people we bring our ideas up to, the better the challenges to our ideas will be, because it forces us to be radically open-minded to ideas from others we may not have thought of. Different people think in different ways than we do, which can easily make what we do stronger and more valid as a whole.

By using respectful disagreement or seeking clarity to build up instead of break down, all ideas and reasoning are tested for consistency and cohesion. We can see what objections or ill-founded conclusions might exist before our work is shared broadly.

Ray Dalio puts it well in his book Principles, "By engaging them in thoughtful disagreement, I'd be able to understand their reasoning and have them stress-test mine. That way, we can all raise our probability of being right."

We should be encouraging the people we work with to point out the flaws in our work and challenge it. We need to understand objections and flaws in complete detail, not to tear us and our ideas down, but to build them up to be much stronger than where they started. In doing so, we can be confident that we're more likely to share logical and helpful things.

Happy reading - keep safe, keep an appropriate distance and stay in touch with friends and neighbours.

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With special thanks to...

Lorna Mills (Accountant), Fineprint Witney (Printer), Clare Want and her team (Distributor) and to everyone who actively participates in the production of Cassington & Worton Newsletter.



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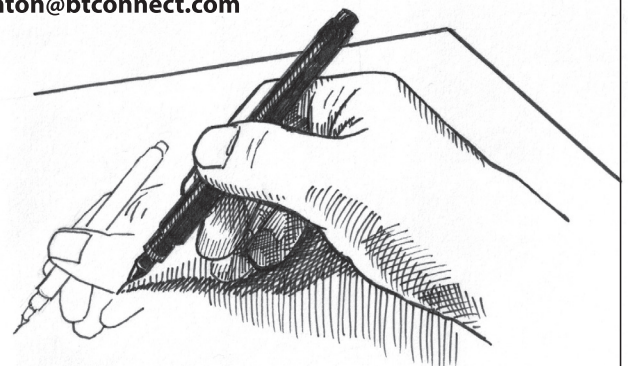
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OXFORDSHIRE COUNTY COUNCIL

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ROAD TRAFFIC REGULATION ACT 1984 – Section 14(1)

Notice of Temporary Traffic Order
Cassington, Burleigh Road, OX29 4DZ
(Railway Over-bridge)
Prohibition of Through Traffic
Date of Order: 6 July 2020
Coming into force: 13 July 2020

This Order is being introduced because of rail-side fencing works which is anticipated to take 12 days to be completed.

The effect of the order is to temporarily prohibit through traffic using a section of Burleigh Road (near railway over-bridge).

Appropriate traffic signs will be displayed to indicate when the measures are in force. Exemptions are included for emergency services and for the works.

The alternative route for traffic is via Cassington Road – A4095 – Lower Road – A40 – Eynsham Road – Yarnton Road & Burleigh Road and vice-versa.

This Order will remain in force for a maximum period of 18 months or until the works have been completed whichever is the sooner.

Traffic Regulations Team (Ref.T7573/MR) for the Director for Infrastructure Delivery, County Hall, Oxford OX1 1ND. 03453101111.

Neighbourhood Watch Week
7th–13th June 2020



Celebrating neighbours #LetsStayConnected

June stargazing highlights

June 5: Strawberry Full Moon

June's Full Moon is often called the Strawberry Full Moon, after the berries that grow in the Northern Hemisphere around this time of the year.

June 5: Penumbral Lunar Eclipse

A penumbral lunar eclipse takes place when a Full Moon moves through the faint, outer part of the Earth's shadow. Residents of Asia, Australia, Europe, and Africa may see the Moon darken just a bit during the maximum of the eclipse.

June 20: June Solstice

This solstice is the summer solstice in the Northern Hemisphere, where it is the longest day of the year. In the Southern Hemisphere, it's the winter solstice and the shortest day of the year.

Jun 21: New Moon

Tonight's a good time to do some star and planet gazing! A New Moon means dark skies and plenty of opportunities to look for planets and stars.

Jun 21: Annular Solar Eclipse

People in parts of Africa and South Asia will be treated to the characteristic "ring of fire" that annular solar eclipses are famous for as the New Moon covers only the center of the Sun.



Vicky's After School club offers a safe, nurturing environment for children aged 4-11 and will include fun activities including arts and crafts, indoor and outdoor play and much more.

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RECYCLING MADE EASY

Spiderman, Freedom, Responsibility and Sin

The other evening Jane and I watched the first Spiderman film (2002) again. One of the themes running through the film is that "With great power comes great responsibility". Peter Parker's uncle Ben first gives him this advice after Peter has beaten the school bully.

It struck me that the same is true of freedom. We have recalled recently the sacrifice of those who served, and many who served and died, in the second world war. They served and died for our freedom and so we have a responsibility to treasure that freedom, to value it and preserve it. Not to do so would be to hold that freedom, and those who made the sacrifice for it, in contempt.

As we come out of lockdown we again experience a new freedom, and many comparisons have been made between the siege of the coronavirus and the siege of the Nazi regime on this country in the second world war.

As we come out of lockdown we must again be responsible and not take our new freedom lightly remembering those who lost their lives and ensuring that we do not risk a

further outbreak, and again, so as not to hold the lives of those who have died in contempt.

In Christian belief Christ died, once for all, taking the punishment for the sin of us all by his grace.

Some may say, "If we are now free from the punishment of our sin because of Christ's sacrifice then we can go on sinning with impunity, right?"

NO - wrong! St Paul had to put the Christians in Rome straight on this (Romans chapter 6 verse 1&2 p171 in your Jubilee Net Testament)

"What shall we say, then? Shall we go on sinning, so that grace may increase? By no means! We are those who have died to sin; how can we live in it any longer"

To deliberately do so would hold God, and Christ's sacrifice, in contempt.

With great power comes great responsibility – With great freedom comes great responsibility too.

Revd Roger Aston

THANK YOU FROM CHRISTIAN AID

Cassington came up trumps and we beat our target!

We raised a total of £795 for Christian Aid Week through both online and offline donations, making 106% of our target £750. And that's plus Gift Aid of £147.50 - which will take the overall total to £942.50.

Massive thanks to everyone who supported.

Christian Aid is one of the UK's major charities that helps to protect people in poor communities throughout the world, and is also running a special Coronavirus Emergency Appeal. www.christianaid.org.uk

**John Hemingway
Christian Aid Organiser for Cassington**

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Sports and Social Club News

Well clearly not a lot has been happening with Sports and Social these last 2 months - for obvious reasons. However we are working towards opening up the MUGA for tennis, which we hope will happen in June! As tennis is the only sport permitted at the moment we hope to have 2 courts available for use. Keep an eye on the village website and facebook page for further details.

We shall be changing the padlock so if any families would like a key to the MUGA please can you fill out the membership form which was attached to the April edition

of CAWN. Please return the form to Anne Luttmann-Johnson at 3 Foxwell Court. If you no longer have the form then please can you email the names of all your family members, your address, phone number and email address to Anne at anne.luttmannjohnson@gmail.com

The family rate for Cassington residents is now only £25 plus £5 key deposit, if you do not return last year's key. BACS details for payment are available from caz.morton@gmail.com

If you are unable to pay by bank transfer then you can pay by cheque made out to Sports and Social and delivered to Anne at the above address.

Thank you to our wonderful community for your support!

We would like to say a huge thank you to our lovely community, and express our heartfelt gratitude for everything you have been doing to help us during these unprecedented times. We are truly humbled by the incredible support and generosity you have shown to us in recent weeks; from gifts, to letters and offers of help; thank you all.

We are delighted to let you know everything is good in the home, and all our residents and staff are well and happy. We continue following all government guidance, and have clear policies and procedures in place, plenty of PPE, and most importantly, a highly competent, well trained and well-supported team.

Our fabulous staff are doing an excellent job every day, keeping residents engaged, ensuring they do the things they love, and introducing more innovative ways to keep residents connected with their family members.

As the weather improves, we are hoping that our wonderful garden will provide an endless amount of enjoyment to our residents. Our Prairie and meadow are already flourishing. At our residents' request, we

have started work on designing and planting out our new allotment. Everyone is excited to see and taste our first produce. We have also planted out a new herb garden, which our chefs will be using each day.

We are missing our weekly jaunts to The Chequers. Until they can resume, the residents have asked us to turn our Summer House into a pub! We are even installing an outdoor kitchen for BBQ's.

We continue to support families who are looking for care for a loved one. Churchfields is now open to taking new residents, and we have specific procedures in place to enable us to do this with minimum risk to our residents and staff.

At Churchfields, we are now hiring for Care Assistants to join our dedicated and friendly team. Experience is not necessary, with full training and development being offered. We are adhering to all government safety guidelines during this time, to keep residents and staff safe. Full and part-time positions available. Call 01865 881440 or visit our website at www.churchfieldscarehome.co.uk to apply.

You can also follow us on Facebook to keep abreast of daily life at Churchfields.

Jane Roberts, Churchfields Care Home

Quiet revolution for Oxfordshire's library service during lockdown

Bookworms in Oxfordshire have been having a good old read during lockdown - and the county council's library service is continuing to thrive as a result, even though its doors are closed to the public.

April saw a record for people joining Oxfordshire libraries online. A total of 589 people joined - a record for one month and an 86 per cent increase compared to the figure for April 2019.

Meanwhile loans of eBooks and eAudio loans have nearly doubled compared to this time last year. During April more than 22,000 items were borrowed from the county council's online library.

Oxfordshire County Council has doubled its investment in purchasing eBooks and eAudio to support this demand.

Councillor Lorraine Lindsay-Gale, Oxfordshire County Council's Cabinet Member for Education and Cultural Services, said: "We are looking forward to Oxfordshire's 44 libraries being able to open their doors once more because they are a much valued part of day to day life in

the communities they serve. They are so much more these days than a silent place where you can borrow books.

"However there's been a quiet revolution going on as regards our online offer during the Spring. This is obviously driven by lockdown but we are hoping to continue the interest in our online library service long after the current situation has ended.

"It's a joy to see so many people continuing to engage with the library service despite this odd and difficult phase in our lives. No one needs to worry about returning or renewing items. Before the lockdown, we suspended the date due of all items that are on loan. This will continue indefinitely.

"People also have the option of visiting our Facebook pages to view story- times, quizzes and be part of our online bookclub."

How to find out more

To find out what services the Oxfordshire County Council library service offers you from the comfort of your own home visit here https://www.oxfordshire.gov.uk/residents/leisure-and-culture/libraries/reference-online?utm_source=libraryhomepageonline



SYLVIA WATERS

29th July 1929 – 29th April 2020
Sylvia died peacefully at home, just where she wanted to be. Ian, Yvonne and family would like to express their thanks to everyone who has given so much support at this sad time

Cassington Bike Night 2020 Cancelled

We have been monitoring guidance around Covid-19 lockdown closely, and after speaking with the village charities who benefit from Cassington Bike Night, we have agreed that an event of this size would not be tenable and that we should cancel this year's Cassington Bike Night.

We all hope to be back to normal soon and will see you all next year

**Please stay safe
Bike Night Committee**

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We are thinking of our community during this challenging time and hope you are all keeping safe and well.

There are currently a number of local groups in our community doing vital work to support those in the most need at this uncertain time.

We're proud to be able to support where we can – this month we have worked with SOFEA, Oxford Together and Barton Community Association to cook and provide hot meals to those in need and deliver beer to our local waste team.

We hope to open our Formal Gardens just as soon as government guidance permits. Advice is changing rapidly so by the time you read this we may have opened our gates once again. We hope you have enjoyed the free park access during this unprecedented time to help keep spirits up.

We will continue to #stayconnected with you by sending weekly e-newsletters full of recommendations and activities to keep you healthy and happy at home.

If you'd like to sign up for these e-newsletters, visit blenheimpalace.com

Have your say on the Council's Climate Change Strategy

West Oxfordshire District Council is committed to tackling climate change and now it wants to hear from you.

We want everyone - residents, community groups and businesses and more to come together and tell us how we can all make a difference to our environment today and in the future.

A special survey has been published asking for your views on actions we can take in our Climate Change Strategy.

What are your priorities? Do you have ideas that we could help with? Are there projects already taking place in your neighbourhood?

We are also reaching out to young people as we know climate change is something they are passionate about and soon we will be launching a special competition looking for the best ideas.

Cllr David Harvey, Cabinet Member for Climate Change, said: "In lockdown we have caught a glimpse of what life could be like with fewer cars and less pollution and lots of people cycling and walking.

"There has never been a better opportunity to rethink our lives and help shape our environment for future generations. Recent weeks have shown how well we can work together and it is vital we take this approach to tackling climate change."

We have declared a climate and ecological emergency and made a pledge to become a carbon-neutral Council by 2030.

Recently we announced we are supporting the Southill Solar farm near Charlbury (pictured) with a £2.5m loan and we are also investigating the provision of electric car charging points in key locations.

Work is also now under way to adopt energy-efficiency measures, source low and zero-carbon energy and invest in renewable technologies for the Council.

For more information on the steps we are taking in West Oxfordshire and to access the survey, see:

www.westoxon.gov.uk/environment/climate-action

The consultation is open until 16 June.

Oxfordshire plan to be first 'smoke-free' county agreed

A plan to make Oxfordshire the first "smoke-free" county in England by 2025 has been approved.

Authorities will look to ensure that less than 5% of its adult population smoke - half of the current total.

When smoking rates fall below 5%, an area is considered to be "smoke free" because it would be deemed unusual.

If successful, Oxfordshire will reach a government target five years earlier than planned.

About 10% of people smoke in the county - below the English national average of 14% - but 36% of people with a serious mental illness do.

As part of the strategy, signed off by the county's Health Improvement Partnership Board, work will be done so fewer children take up smoking in the first place.

Other efforts will focus on stopping illicit tobacco, creating more smoke-free environments and supporting smokers to quit.

The council said 2,100 people died in the county between 2015 and 2017 from smoking-related diseases.

As part of its Tobacco Control Plan for England, published in 2017, the Department of Health and Social Care said it wanted to reduce the prevalence of smoking in the population to 5% by 2030.

noticeboard

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Julie Perrin, 44 Eynsham Road

I'm Ella, a young girl in the village, who will come and do glitter and henna tattoos for your events! I will be free most weekends and holidays, and am able to travel a reasonable distance, please email me at ella.johnson@live.com or message me at 07539916507 for more details.

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Do you know there is a free service to Cassington residents that will take you to the doctors' surgeries at Eynsham or Long Hanborough?

Run by volunteers, this is available by phoning Sheila Nelson on 880740 or Pat Vereker on 880693

Please give us as much notice as possible

Unfortunately we are now unable to offer transport to hospitals for routine outpatient appointments. For these please contact the patient transport number 0300 100 0015 or Volunteer Link Up 01993 776277 (there may be costs with this service).

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Observation

by Stephen Wright

Just over a month ago, I thought I might not have anything to write for this issue of CAWN. I was still working from home and there was nothing major to report.

That's no longer the case.

As some of you may know by now, Sylvia Waters, or nanny, as she's more affectionately known to my brother and I, sadly passed away at home near the end of April.

She was a brilliant grandmother to us and, as far as I could tell, a lovely woman for anyone around the village of Cassington to come across.

To this day, I've never met anyone who makes as tasty an apple pie as she did. I always used to tell her that she was miles better than any of the chefs we had at school, although to be fair school meals don't always take much to beat, not that I'm exactly an expert myself!

The things that stick in my mind when I think of nanny are that she loved jigsaw puzzles as much as she loved knitting, as much as she loved Werther's Originals, as much as she loved Cowboy Builders starring Dominic Littlewood and Melinda Messenger, almost as much as she loved her family.

Loved might be a strong word for her take on Police Camera Action, but that show did get a fair bit of airtime at 6 Bell Lane down the years it was broadcast.

Before she passed, I had begun working on bringing back my radio show that I started when I was at Bournemouth University, just to make life a bit more interesting during a time when it can be dull for us all.

I have since added the finishing touches and, should you wish to hear it, I pay tribute to nanny at the end of the episode. You just have to search this link: <https://www.mixcloud.com/stephen-wright9/> and sit through about half an hour of alternative rock music with intermittent voiceovers from yours truly before you get there. I hope you enjoy listening as much as I enjoyed making, even if the majority of it flies further over your head than one of my free-kicks at the playing field.

That's one of the most important things at the moment - keeping busy - and it's why I'm glad that I'm still working from home. I'm also grateful that, last Autumn, I came across the Norfolk Young Professionals Group, which regularly runs events be they sport-related, food-related or some other activity around Norwich. Recently, they hosted a virtual pub quiz, so around 50 of us joined a Zoom video call and took part in the live broadcast on YouTube. If you're interested, search for Jay Flynn's Virtual Pub Quiz on YouTube - it's a good way to spend time with friends.

Out of the 50 questions, I was able to contribute to my team answering two of them - firstly the lyrics to She's Electric and then to identify what the Newcastle Brown Ale logo looks like. I always knew listening to Oasis and drinking beer would come in handy one day.

Anyway, I hope you're keeping well and trying to keep your mind active as much as possible while we're all still in lockdown. Look after your loved ones, just like nanny did. x

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The Retired Priest : Father Martin Flatman is available on 07719 646790 or email frmartinflatman@gmail.com

Address : Abbey Street, Eynsham OX29 4HR Phone 01865 881613 Website: www.stpeterseynsham.org.uk

On the Website you can click on Newsletter to see Father Mark's message each week and his reflection on the Sunday Readings and also see Father Martin's weekly Homily/Sermon.

St Peter's Catholic Church, like all other Churches, is not open to the public as this is being written, but Father Mark, the Parish Priest, still says Mass every day inside the Church. Father Martin, the retired Priest, is in self-isolation at home in Eynsham, but he also says Mass every day. This means that you can always contact one or other of them by email or phone to ask for special prayers if you have a special need. Just remember that you are, and the whole world is, being prayed for.

OUR NORMAL MASS times when we are allowed to reopen are :-
SUNDAY MASS at 10.00am with a Children's Liturgy during Mass and SATURDAY for Sunday at 5.00pm
Mass also Mondays, Tuesdays & Fridays at 9.30am, Wednesdays & Thursdays at 10.00am
BIBLE STUDY after Mass on Wednesdays. ADORATION after Mass on Fridays.

You can also watch Mass from many other Churches live or recorded online. There is a great selection of churches to choose from using these two platforms

Churchservices.tv is a platform that connects communities and provides churches with a space to broadcast – particularly Mass, Adoration and prayer.

<https://www.mcnmedia.tv/> is another platform that does the same and includes Corpus Christi, Headington in Oxford

Blackfriars, Oxford is a Catholic House of Dominican Friars in Oxford and the advantage of going to this site <https://www.youtube.com/user/Godzdogz> is that instead of seeing a single priest you see the whole religious community taking part and you can either view this live or view it when it suits you as they are all recorded.

The National Catholic Shrine to Our Lady at Walsingham has a full broadcast schedule – including Mass, Rosary, Vespers, Exposition, Mass in Latin and even some talks. View it at <https://www.walsingham.org.uk/live-stream/>



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manager@rosebankcarehome.co.uk
www.rosebankcarehome.co.uk



Churchfields Care Home

Pound Lane, Cassington,
Oxford, OX29 4BN

01865 881440

manager@churchfieldscarehome.co.uk
www.churchfieldscarehome.co.uk



JUNE 2020

Our building may be closed but the church is still here!

As lockdown continues services are available every Sunday at 10.30am at www.stpeterschurchcassington.org or www.stleonardseynsham.org.uk with resources for the whole family.

It is possible for those without internet to phone into the service.

Please contact the church office or phone 07810 324088 for details.

As we ease out of lockdown we will try and keep the village informed concerning access to the church building.

St Peter's church continues to pray for the community of Cassington at this difficult time. Also please know that the clergy are still available at the end of the phone (or by email) for any pastoral concerns and/or issues for prayer.

If you have particular spiritual needs feel free to contact:

The Vicar – Revd Duncan Fraser Tel: 07810 324088 or

Associate Curate – Revd Roger Aston Tel: 01865 880757

Enquiries: Church Office: email stleonards_stpeters@btconnect.com

There are also resources on the Church of England web site:

<https://www.churchofengland.org/>

Cassington War Memorial

You may have noticed that there is a large area of discoloured stone at the base of the main column. I have been in touch with our Architect advisor and he has suggested two options.

The first is to cut away the discoloured area and repair with stone coloured mortar.

The second is to cut away the discoloured area and replace with natural matching stone.

The first option will have a limited life but the second should wear at the same rate as the surrounding stone.

There is of course a big difference in cost.

The first option is £1900 plus VAT and the second £6250 plus VAT. We should be able to recover the VAT.

This is obviously a big expense for the village and the Parish Council has limited funds most of which is for essential items and is pre spent.

Our War memorial is a centre piece of our village and it is important we keep it well maintained.

I would like to hear from the village thoughts on this.

We will discuss it at our Parish Council meeting in July when there has been time to circulate and gather responses.

Hugh Thomas

Cassington Parish Council.

noticeboard

Cassington Bookworms

Next Meeting is
is to be arranged online

and will discuss
'Fruit of the Lemon'
by Andrea Levy.

All Welcome

For further details
Phone 880740



Rotary Club of Eynsham Change of Meeting Venue

Sadly, due to the closure of The White Hart, Rotary Club of Eynsham has moved its twice monthly, Tuesday evening, meetings to The Swan, Acre End Street, Eynsham.

However, during the Covid 19 pandemic Rotary Club of Eynsham has gone online. We will be holding virtual meetings via Skype and/or Zoom.

See our page at Eynsham Online or on Facebook for further details.

May 2020

Coronavirus.

The Parish Council have suspended monthly meetings until further notice in accordance with government guidelines. The meeting for June has been cancelled.

Neighbourhood watch Coronavirus support group

Well done again to all the volunteers helping with the weekly village shop. Keep up the good work!

Horsemere Lane.

Councillor Mathew continues to ask questions on the progress of the Bus Lane. If villagers are concerned, he is the best person to contact. Oxfordshire County Council are aware of the village's position in that closure of the lane goes in tandem with the slip road and changes to the traffic lights.

Website

Work continues trying to establish a .gov domain for the village.

School crossing

The clerk has found the previous proposal by OCC. This will be the basis of a discussion when we next have a Parish Council meeting.

Tree Planting

Two areas have been put forward for two small trees (Rowans) and the clerk will be getting quotes.

Parish Council work

The clerk continues to deal with the day to day matters and if any residents have a question please do not hesitate to contact her.

Clerk contact details

Email cassingtonclerk@gmail.com

Tel 01993 622750

Parish Council meeting for July is provisionally set for Thursday 2nd July 2020 7.30pm at the Village Hall

(subject to Government guidelines)

Hugh Thomas, Chairman, Cassington Parish Council
20th May 2020

Chairman: Cllr. Hugh Thomas, 20, The Green
Cllr. Julie Perrin, Triwood, 44 Eynsham Rd
Cllr. Barbara King, 9, St Peter's Close
Cllr. Dave Butlin, The Squirrels, Bell Lane
Cllr. Chris Metcalf, 2 The Tennis


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Neighbourhood Watch Co-ordinators

The aim of Neighbourhood Watch in our village is to look out for one another, keep everyone safe and bring all sections of our community together. Please find below list of NHW co-ordinators with contact details.

Eynsham Road	Julie Perrin	07599 371930
Hollow Furlong & Manor Cl-	Rebecca Clare	07816 192493
Mill Lane & Pound Lane	Sara Bolton	07930 307298
Church Lane	Nav Dey	07989 527835
The Green & Williams Ct	Emily Osgathorp	07795 143140
Elms Rd & Foxwell Court	Sally Britton	07962 177221
Barrow Ct	Nicola Jeeves	07930 888664
The Tennis & Bell Ln (to Bell Cl)	Vicky Thomas-Clarke	07917 403976
Bell Cl & Orchard Cl	Carol Conway	07789 534456
St. Peter Cl	Cate Sirkett	07968 720241
Lynton Ln & Bell Ln (small green)	Kathryn Teal	07964 726843
Horsemere Lane	Stacey Noton	07717 874552

what's on?

VILLAGE HALL BOOKINGS



For information, and to book the Village Hall, contact:

Kathryn Teal, 07964 726843 or email
cassingtonvillagehall@gmail.com

Don't forget ... When you book the Village Hall you can make use of our wireless broadband connection – ask Kathryn for details when you make your booking

cassingtonvillagehall.org.uk

Village contact list

Allotments, Cassington.....	01993 882590
Bartholomew School, Eynsham.....	01865 881430
St Peter's Church Cassington	01865 883325
Chemist, Eynsham	01865 881283
Dentist, Eynsham	01865 880047
Fire Station, Eynsham	01865 881337
Flooding, WODC	01993 861000
Gas Leaks	0800 111 999
Library, Eynsham	01865 880525
Medical Centre, Eynsham	01865 881206
Pest Control, WODC	01993 861060
Play Area Repairs, Parish Council, cassingtonclerk@gmail.com	
Red Lion, Cassington	01865 881371
Sports Pavilion bookings (Graham Mills), Cassington, cassingtonsport@millsclan.force9.co.uk	
St Peters School, Cassington	01865 880443
The Chequers	01865 882620
Waste Collection, WODC	01993 861020
Village Hall bookings	cassingtonvillagehall@gmail.com

Cassington, then and now

Interested to see how Cassington has evolved over the years? Or do you have any old photos of the village you wish to share? If so, search 'Cassington, then and now' on Facebook and feel free to join the group!



Sports & Social Club

With the pavilion having gone through a big transformation, we are now ready to hire it once again for small or large events. We have had weddings in the past with a marquee and even a big top on the playing field. Please do get in touch if you would like to hire it or know of other sports teams that need a place to train or play.

- Cassington Sports and Social club pavilion hire prices.

	Weekdays per hour	Weekends per hour
Village rate	£10	£14
Non-village rate	£12	£16
Commercial hire	£18	£20

- Muga hire £22 per hour
- Adults grass football pitch and pavilion £35 per game
- Cricket pitch and pavilion £50 per game
- Tennis court £10 an hour or free if you have a Muga annual pass (June-September)

Please email Graham on for all enquiries and bookings
cassingtonsport@millsclan.force9.co.uk

CAWN Advertising rates

Village events and fund-raising stuff is free. Simple local services, 'for sales' etc., are also free on the "noticeboard" page/section. However donations towards printing costs welcomed.

Suitable commercial businesses are invited to support our community by buying advertising space at the following rates:

1/8 page, £6 (£60 per year)	(portrait)
1/4 page, £10 (£100 per year)	(portrait)
1/2 page, £15 (£150 per year)	(landscape)
Full page, £25 (£250 per year)	(portrait)

Technical details for artwork are available on request.

All material included at the discretion of CAWN. Any surplus will be passed to the Cassington Parochial Charities to support our community.

Neighbourhood Watch Support During Covid 19 pandemic

Over the last 10 weeks the Cassington Community has worked together to support one another and help those in need. Those self-isolating or shielding have been helped with food deliveries, either from our store and Bartlett's or by volunteers shopping on their behalf for other items. Prescriptions have been collected, glasses fixed, dogs walked and not forgetting the wonderful free frozen meals made by Bread and Butter catering. As we enter now into a new phase of easing lockdown, we would like to update you with the support available.

Bartlett's Meat delivery

This service continues to be used by many villagers. Recent weeks have seen a bit of a drop in numbers. It would be great to keep this going as it is a fantastic service with high quality products and supporting another local business at this time. Please do try and support to enable this to continue as an ongoing service to the village.

Bartlett's the butcher weekly ordering system for meat, eggs and other chilled items:

- Please email bartlett-d2@sky.com for a product list and your orders or phone 01865 373197.
- Shop opening hours to: Monday to Friday 8.00 am to 4.00pm, Saturday 8.00 am to 2.00 pm.
- Please phone Mon / Tues or early Weds am to place an order for Weds collection / delivery. Messages to be received by Dave and tell him you are ordering as part of the Cassington delivery scheme. They will phone back to confirm cost and take phone payment.
- You can then either collect for village hall car park every WEDS at 4pm or ask our NHW co-ordinator Carol Conway to arrange for someone to deliver for you.

Bread & Butter Catering update

As many of those self-isolating and over 70 have experienced, we have been delivering Frozen meals. These have been very kindly donated by a private sponsor and made by Tracey at Bread and Butter catering and they will continue for two further times in June. We will be delivering as follows:

- Thurs 4th June – Deliveries to Elms Road, Foxwell Court, The Tennis & Bell Lane
- Thurs 11th June – Deliveries to Bell Close, St Peters, Orchard Close, Lynton Lane & Horsemere lane,

We have had lots of wonderful feedback and kind thanks from residents for these meals. The volunteers have enjoyed delivering them and taking the time to checking in with residents for a quick socially distanced and masked up chat! Many have asked who to thank and would like to write to express their thoughts:

Tracey Bread & Butter café 07771933059 or email tracey1040@btinternet.com

As this initiative is now reaching its end, as team we would also like to thank Tracey and the kind sponsor for their contribution and time. It has been a wonderful gift to many. Nothing beats a lovely home cooked meal made by someone with love to raise the spirits. So huge thank you to everyone involved in making this happen!

Village store update and new way forward new order form

As group we have delivered over 350 food boxes over the last 9 weeks to up to 60 plus households in the village. This has been a huge team effort with over 20 volunteers helping in admin, packing, delivering etc. From all the wonderful feedback received, we feel very thankful and happy that this service has provided much help and support during lockdown for those self-isolating, shielding and wishing to stay home and safe. Now with things starting to change and guidance shifting, we have decided that now seems the time to make some changes to the process.

Therefore for this coming week, Week 10 onwards, we will see the start of a new process. We hope this will still offer the same convenience and service but makes the whole process easier and less

reliant on volunteers time and resource on going. We will now be offering a direct ordering system with Bonners, who can provide fruit, vegetables, eggs, bread (The Natural Bread Company), Wessex flour and other essentials.

There is a NEW order form for details of the full list of products available. This will need to be completed each week. For an electronic copy, please email vicky@pink-sky.co.uk to be added to the distribution list. The completed order form should be emailed to you NHW contact, saving the file using your Name and surname. As before, if anyone cannot use excel, please email or call you NHW contact and they can complete the form for you

Please note pricing shown is a guide only, as Bonners will confirm exact amounts on packing. Costings may vary weekly due to size, availability etc.

The new process can be summarised as follows:

- (1) Receive ORDER FORM each Friday via email
- (2) Complete form and press Save As and enter your Name and Surname, as the file name and send back to your NHW contact via email. As before, if anyone cannot use excel, please email or call you NHW contact and they can complete the form for you
- (3) The deadline for receipt of orders is Sunday 1pm
- (4) Forms will be collated and emailed and sent to Bonners each Monday morning
- (5) Bonners will individually pack up all orders every Weds am and place individual invoices into customer's bag / box
- (6) Orders will be delivered to Village Hall each Weds afternoon and ready for collection between 4.30-5.30
- (7) Bartlett's orders can also be collected at this time too
- (8) Anyone who cannot collect their orders due to shielding or other issues. Please confirm with your NHW contact and delivery can be made for those in need.

We will operate a social distance collection process, whereby only one person can enter the hall at one time. If queuing, please try and use social distancing policy and leave 2m between each other.

Everyone will need to make INDIVIDUAL & DIRECT PAYMENTS to Bonners. They will provide their BACS details on their invoice or you can telephone and make payment over the phone AFTER receipt of order.

Please note, we will not be accepting any payments into our PayPal groups. This account is now being reconciled and will be closed down shortly.

We really hope that this new service is widely used by as many villagers as possible. We need to have a fair number ordering each week for them to continue to weekly deliver. This service is open to EVERYONE and not limited to those self-isolating or shielding.

Currently Bonners do not have MILK available on their order system. If you are self-isolating and require weekly milk delivery, please can you confirm with your local NHW contact and we will look at the possibility of setting up alternative solutions. In the interim, we can offer purchasing from the supermarket on your behalf via your local NHW contact for any urgent requirements.

We hope as many people as possible enjoy the fresh produce and the largely plastic free packaging it provides. Much of their produce is sourced locally from farms in Oxford and in the UK. This option is a great way to make a good purchasing decision to help the environment by reducing waste and supporting local business. If you are unsure of any of the above, please do contact your local NHW contact and they can answer any queries and help explain in more detail, if required.

Huge Thanks!

The team would also like to pass on a huge thanks to both the Parish Council and Village Hall committee for their support in setting up and running the store from the hall. We would also like to thank Michelle Johnson for all her help and weekly support, setting up the Savona ordering and delivery process.

Without the army of volunteers and their help, we would not have been able to offer this valuable service. Many thanks to everyone involved. A real team effort which has benefited so many in the village. We hope the new process takes this valuable resource forward and we can continue to enjoy fresh produce delivered direct.

Vicky Thomas Clarke
Cassington Neighbourhood Support team leader

what's on?

Dates for your diary

Unless shown, events are in the Village Hall

June 2020

Monday 1st, 10 am - 12 noon	NO Cassington Cafe
Thursday 4th, 7:30pm	NO Parish Council Meeting
Friday 5th, 7pm for 7:30pm	NO Cassington Movies
Thursday 18th, 7:30pm	NO Cassington WI
Saturday 20th,	July CAWN deadline
Monday 29th	NO Cassington Bike Night

July 2020

Thursday 2nd, 7:30pm (tbc)	Parish Council Meeting
Friday 3rd, 7pm for 7:30pm	NO Cassington Movies
Monday 6th, 10 am - 12 noon	NO Cassington Cafe
Thursday 16th, (tbc)	Cassington WI
Wednesday 20th,	August CAWN deadline

Tickets for films and shows from:
Ruth Bakewell (01865 883512)

FRIDAY MOVIE NIGHT Cancelled until further notice

in the Village Hall
Tickets £5 from Ruth 01865 883512. Bar and raffle.
Doors open at 7pm and the film starts at 7.30pm.

CASSINGTON WI

Meetings cancelled temporarily

theWI
INSPIRING WOMEN



CASSINGTON CAFÉ

CASSINGTON VILLAGE HALL

For the Friends of Cassington Café.

Due to the Coronavirus, the Café will be closed until further notice. We send our greetings to all our friends, and will be thinking of you over the next few weeks.

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Eynsham Medical Group



Blandford Fly Bites

The **Blandford Fly** (sometimes called blackfly) is a small 2-3mm insect usually found in East Anglia, Oxfordshire and Dorset. Blandford Fly bites are most common during May and June. They often occur on the legs and can be very painful. The effects of the bites on humans range from small blisters to large (up to 22cm diameter) haemorrhagic lesions, which can produce intensely painful stabbing sensations. The saliva of the fly, which passes into the wound, often causes severe irritation, pain, swelling and blistering.

What to do if you get bitten by the Blandford Fly

An insect bite often causes a small lump to develop, which is usually very itchy. A small hole (the actual bite) may also be visible. The lump may have an inflamed (red & swollen) area around it that may be filled with fluid; this is called a weal. Insect bites usually clear up within several hours and they can be safely treated at home.

For example, you may develop an itchy papule (lump) or an itchy weal (an inflamed, fluid-filled area). This may last for several days and the severity of the reaction will depend on your level of sensitivity.

It is important to know the symptoms of a severe allergic reaction. If you or someone you know is bitten or stung by an insect and experiences a severe reaction, emergency medical treatment will be required.

Treatment for Blandford Fly Bites

- Clean the bite wound with soap and water and dry gently
- Creams that contain camomile lotion, steroid cream or anaesthetic can soothe the pain of a bite, as can an antihistamine tablet. Do not apply cream or ointment to broken skin and always follow the instructions on the packet. Even though it may be itchy, try to avoid scratching the bite because you may damage the skin which may allow bacteria to get in
- Redness and irritation are common and should settle within a few days with these measures
- Secondary infection is less common. If you notice red lines appearing on the skin or enlarged lymph nodes (swelling) in your armpit or groin, seek medical advice

Simple precautions like wearing long sleeved shirts and trousers will act as a deterrent to getting bitten by the Blandford Fly. Stay away from clouds of flies on river banks because they can bite.