



APRIL 2020 (#514)

Previous editions can be found online at www.wospweb.com/site/Cassington-Online

Cassington and Worton News



SUPPORT DURING THE CORONA VIRUS



The Neighbourhood watch team and Cassington Parish Council are here to help during this time of worry and uncertainty, which many residents may feel during the Corona Virus pandemic.

We appreciate that many residents may need to self-isolate and or social distance from family and friends for a pro-longed period of weeks. We are here to help and we have network of volunteers available and regularly communicating to each other.

If you need help, please get in contact. We have delivered a postcards to houses, which should give your local neighbourhood watch co-ordinators details. If you haven't received this, please contact Vicky or Julie and they will make sure your local co-ordinator gets in touch ASAP.

How can we help?

Below gives a list of some if things we can do. We understand that are all facing different issues and challenges. Please do let us know if you need some additional help and support for you and your family.

- Grocery shopping
- Prescriptions / medical needs / nurse visits
- Postage requirements
- Checking in to reassure and give helpful positive advice for physical and mental health
- Combating Loneliness

Can you offer help?

If you don't require help but can offer help to others. This could be simply collecting supplies on your daily travels. Please contact your neighbourhood watch team and we can add your name and details to our group.

Keeping in Touch – Let's stay connected!

If you are on Social Media, we have the below available for villagers to join:

- An active and supportive Facebook group – Cassington Village Group
- What's app - Cassington Neighbourhood watch. We will need details of your mobile number to add you to the group.

With both of the above, please do request to join confirming you are a village resident, so we can ensure we keep our groups local and private.

Also the charity organisation Age UK are offering a free service and weekly check in phone calls. See poster on back page or call 01865 411288 for more details.

CONTACT DETAILS

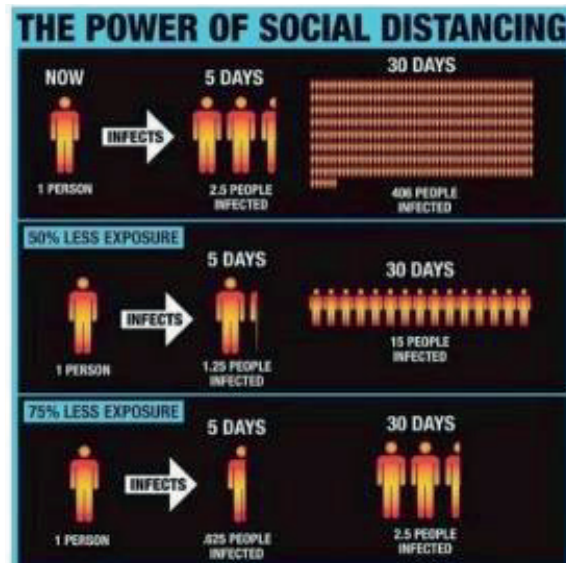
Neighbourhood watch Leaders

- Vicky Thomas- Clarke 079 1740 3976
 - Julie Perrin 075 9937 1930
- Parish Council Chairman - Hugh Thomas 01865 883 377
Neighbourhood Watch co-ordinators see Page 18

Social Distancing

AVOID	USE CAUTION	SAFE TO DO
<ul style="list-style-type: none"> • Group gatherings • Visits to bars/restaurants • Sleep overs • Playdates • Visiting the elderly with children • Crowded retail stores • Gyms • Visitors to the home • Non essential workers in the home 	<ul style="list-style-type: none"> • Visits to supermarkets • Visit to pharmacy • Visit to GP • Traveling • Check on friends and family safely • Public transport 	<ul style="list-style-type: none"> • Go for a walk • Jogging • Working in the home • DIY in and around the home • Reading • Going for a drive • Video calls • Phone calls

Just some of those who are vulnerable that these measures could help:
Patients who are elderly, history of lung illness, cancer patients, immune suppressed patients, immune compromised and those with varying underlying conditions.



Contributions should be provided by 20th of the month. Email submissions (in the body or as a Word attachment) to: cawneditor@gmail.com. Photographs should be supplied as separate attachments, not placed in the Word file. Typed or clearly handwritten submissions may be posted to: Kevin Burroughs, 5 Hollow Furlong, Cassington, OX29 4ET. We look forward to hearing from you.

welcome

Kevin's CAWNer

Recently I read a blog by Ozan Varol and the following paragraphs made me stop and reflect about myself. It also relates, I think, to how we manage self-isolation as families and interact on social media. Are we blending and fitting in or are we belonging, knowing we have been accepted for who we are?

Whether it's a suit, a dress, or yourself, fitting in works the same. You cut a thought here, you alter a preference there, and you adjust a behaviour over here— until you fit into the same mould as everyone else.

But in the case of the self, the altered clothing barely resembles the original. To be sure, glimmers of my original, authentic self would shine through—with certain people and in certain contexts—but I mostly played the role I was expected to play in an attempt to belong.

Yes, these attempts to fit in brought a superficial sense of belonging. But it wasn't me that belonged. It was a one-dimensional, doctored-up, airbrushed, curated version of me.

The desire to belong is primal. If our ancestors didn't conform to their tribe, they'd be ostracized, rejected, or worse, left for dead. Because this instinct is wired deeply into our genetic makeup, most of us do as I did and try to fit in.

But here's the problem: The price you pay for fitting in is betraying who you are.

In fact, trying to fit in can make it harder to belong. Brene Brown describes it well: "Belonging is being accepted for you. Fitting in is being accepted for being like everyone else. If I get to be me, I belong. If I have to be like you, I fit in."

Happy reading - keep safe, keep an appropriate distance and stay in touch with friends and neighbours.

Email: CAWNEditor@gmail.com

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Lorna Mills (Accountant), Fineprint Witney (Printer), Clare Want and her team (Distributor) and to everyone who actively participates in the production of Cassington & Worton Newsletter.



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THE HELP HUB WEST OXFORDSHIRE

Supporting the community in these unusual times

Blenheim is supporting a West Oxfordshire online service that is being created to offer support along with practical advice and guidance for individuals who find themselves isolated as a result of the Covid-19 Coronavirus.

The Help Hub, has been set up by Ruth Chaloner and is a free, online service offering emotional and practical help for both medically at risk and older people who have either chosen, or been instructed to self-isolate.

“We are a group of people who believe that it’s important to bring people together during a crisis like this and ensure the more vulnerable members of our community feel that they have help where needed and support in what is an anxious time for all of us,” said Ruth.

“We aim to provide a free service for as many people as possible by listening, supporting and helping where we can. Blenheim have been exceptional in their support. Without them, this service would not be possible” she added.

Ruth, along with a team of fellow volunteer therapists and individuals, will offer their time for free 15 - 20 minute support and help sessions for residents across West Oxford via Skype, FaceTime or phone.

As its name suggests the online clinic will act as a hub providing advice, a compassionate point of contact as well as practical support. In the weeks to come, people will need signposting to services such as lifts to the hospital, people to collect medication and information on what local resources are available.

- To find out more about the Help Hub and to support its work visit www.thehelphub.co.uk .
- Find us on FaceBook: **The Help Hub West Oxford**

April stargazing highlights

April 8: Pink Moon - Pink wild ground phlox are a native flower to North America. The Full Moon in April is sometimes known as the Pink Moon because of phlox, a pink flower, that blooms around this time in the North. April's Pink Full Moon is also a Super Moon. Because the Full Moon takes place when the Moon is at its perigee, it will look a little larger than a usual Full Moon.

April 21/22: Lyrid Meteor Shower - Dark and starry night sky with shooting star. The Lyrid meteor shower is expected to peak around April 21 and 22, depending on your location.

April 23: New Moon - Take advantage of a dark night sky to see the tail end of the Lyrids peak and other celestial objects, including planets.

**Burford Singers – Bach St John Passion
Saturday, 4th April 2020, 7.30pm**

Burford Singers regret that our concert will now no longer take place due to current Covid-19 concerns.

Our summer concert on 28th June is also cancelled

**“TABLE MANNERS”
by Alan Ayckbourn –
POSTPONED UNTIL NOVEMBER '20**

Further to Government advice on 16/3/20 regarding the ongoing COVID-19 pandemic and in the interest of public health and safety, The Bartholomew Players will be postponing their production of “Table Manners” by Alan Ayckbourn until November 25th – 28th 2020. If you have bought tickets for this production from Evenlode DIY which was scheduled for May 13-16th 2020, please return them to Evenlode DIY for a full refund. We do hope you will be able to support this production in November 2020 instead. Please stay healthy and safe in the interim period.

With Kind Regards,
The Cast & Crew of “Table Manners”



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RECYCLING MADE EASY

Golden Repair



Some time ago on Antiques Roadshow a person brought in a Japanese vase with streaks of gold on it. The vase had been cracked and broken but, rather than being thrown away, it had been repaired with precious metal.

Most times when we try to repair something we try to make the repair as invisible as possible but this vase had been repaired using lacquered resin containing powdered gold. This technique has been developed into a Japanese art form known as "Kintsugi" making the item more beautiful and valuable than before.

OK, here's the theology. In the Christian understanding we are all broken and imperfect but, even so, God loves us. He does not throw us away. Instead of being rejected a perfect repair is available, made by Jesus' sacrifice on the cross. He is the "Golden Repair" which makes us holy in God's sight when we acknowledge our brokenness, and accept his repair. This is what Good Friday is all about - Christ taking our brokenness in his sacrifice so that we can be restored. Easter Sunday is about Christ's resurrection and the hope that this gives to us of a life in all its fullness, even after death, and a new, resurrection body made perfect.

St Paul says in the bible:

You see, at just the right time, when we were still powerless, Christ died for the ungodly. 7 Very rarely will anyone die for a righteous person, though for a good person someone might possibly dare to die. 8 But God demonstrates his own love for us in this: while we were still sinners, Christ died for us. (Romans chapter 5 verses 6-8 p 170 in the Jubilee New Testament)

Happy Easter,

Revd Roger Aston

Listen to this song by Paul Bell on YouTube
www.youtube.com/watch?v=wiAKqhUsuLQ

Let's Not Forget All Those Incredible NHS Workers

The village is doing a great job ensuring that all residents are being supported in this unprecedented time of crisis. It's not much fun losing your job, business or income; or having to self-isolate for weeks and months. But let's not forget all

those in the NHS who will really be in the frontline during these times. In normal times they do an amazing job despite staff shortages and underfunding. In the coming months while the pandemic lasts, they will really be put to the test and deserve all the support we can give them.

Helena Nielsen

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Sports and Social Club News Annual report 2020

The Sports and Social committee continues to look after the Pavilion and the sports facilities on the playing fields for the benefit of the village. This year we spent over £3,800 keeping the sports field and pavilion open and usable, with our biggest items of expenditure being insurance and electricity. We are very fortunate in that a number of people in the village donate their time, particularly for mowing the playing fields and we would like to record our grateful thanks to all those people who have helped, especially Graham Mills.

This year has seen good use of the playing fields and the MUGA pitch, with just over £2,500 coming in as hire fees, and a further £800 for the hire of the Pavilion. We have both a football team and a cricket team who use the Playing Fields as their base. The MUGA has also seen regular usage for both football practice in the winter months and tennis

In the hope of attracting more members we have reduced the cost of a family membership to £25, plus a £5 key deposit, for those of you who were not members last year, and do not have a key to return. The key gives access to the MUGA court, which will soon be set up with one tennis court and one court that could be used for other sport, such as netball.

in the summer.

In June 2019 we celebrated the 65th anniversary of the building of the Pavilion by holding a Family Fun Day which was well attended and much enjoyed. In addition to this we continue to run the weekly meat draws in the pub, we provided food for the fireworks evening, drinks for the carols and a cosy Christmas afternoon for children.

The 65th anniversary celebrations were also an opportunity for us to open the new play equipment for older children including a zip wire, a pod swing, a double perch and a pirouette. These were paid for by a mixture of grants and fundraising and have been proving very popular with the younger members of the village.

Finally I would like to formally record thanks to all those members of the committee working so hard to enable the village to enjoy our wonderful facilities. If anyone wants to join us please do come forward.

The membership form is below. Please do join, as the membership fee is a vital part of our funding stream, enabling us to keep the facilities going for the whole village to use and enjoy. In these times of isolation we are really lucky to have such a vast green area that we can all enjoy whilst maintaining the requisite distance from others.

CASSINGTON CLIMATE CHANGE ECO GROUP – UPDATE



We held our most recent meeting on 26 February in The Chequers. We discussed activities across seven broad areas: education, biodiversity, recycling, transport, housing, energy and food.

The school is already very actively encouraging the children to think about climate change – in a well-informed way designed to educate and not scare them. This includes an assembly presentation by some of the children of *Greta and the Giants*, by Greta Thunberg. The children have chosen the Marine Conservation Society as their charity for this year and will be holding events to raise money, including a cake sale and a day wearing blue. They also spin an eco-wheel of fortune every week to choose an activity such as recycling, waste reduction or green transport to focus on. They are currently bidding to achieve a bronze award from the National Eco Schools scheme.

We discussed planting wildflowers around the village as a way to involve residents in helping preserve our local environment. We had organized a seed-bombing event for the end of March but due to coronavirus this has been postponed. Details for the rearranged event will be advertised in a future CAWN.

We're organizing a group visit to Ardley Energy Recovery Facility, where the waste from our grey bins is processed. If you're interested in joining, let us know via the Facebook group (see below). The council has set up a Waste Wizard site to make it easy to find out how to dispose of, repair or recycle various items. Visit www.oxfordshire.gov.uk/wastewizard for more information.

Finally, we learned that the Parish Council has declared a climate emergency, which means that environmental issues will be a priority in all future policy.

Anybody is welcome to join. Please request to join our Facebook group; search Cassington Climate Change Eco Group. Our next meeting is set for Wednesday 20 May at 8pm in The Chequers. Come along to discuss climate and environmental issues and share your ideas with like-minded people over a pint.

DO ONE GREEN THING


In the midst of the current health crisis let's not forget the ongoing climate emergency. Electricity and heat production contribute around 25% to global emissions so if you are serious about slowing down climate change, switching to a less damaging energy supplier is a must. If you do find yourself confined to the house this month with some extra time on your hands why not take a few minutes to switch your energy supplier to a green one? A lot of companies offer green or eco tariffs but very few offer exclusively renewable energy (i.e. from wind, solar, hydro power, etc) and generate their own renewable energy. Here are two that do:


- ☞ Ecotricity – which is also Vegan Society certified www.ecotricity.co.uk – 0808 123 0 123
- ☞ Good Energy – www.goodenergy.co.uk – 0800 254 0004


All you need to do is go online or call them for a quote and they will do the switching for you.


A SIMPLE GUIDE TO SOCIAL DISTANCING DURING THE COVID-19 OUTBREAK


SOCIAL DISTANCING IS IMPORTANT TO CONTAIN THE SPREAD OF THE VIRUS. HERE ARE SOME DOs AND DON'Ts.


DO  **STAY IN YOUR OWN HOME AS MUCH AS POSSIBLE.** This applies to everybody, regardless of age, general health and whether you have any symptoms. All members of the household should stay at home.


DO  **WASH YOUR HANDS THOROUGHLY AFTER RETURNING HOME.** Hand washing for 30 seconds reduces the risk of introducing the virus into your home. See: <https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands/>


DO  **GET REGULAR EXERCISE.** Find an exercise video on YouTube or dig out that old workout DVD. If you exercise outside keep at least 2 metres (6 feet) away from others doing the same.


DO  **LOOK AFTER YOUR MENTAL HEALTH.** Use your extra leisure time to do all those things you never get round to – the skills you'd like to learn (check out online tutorials), books you've been meaning to read, etc.

DO NOT  **LEAVE THE HOUSE IF YOU ARE ILL.** If you or any member of your household has symptoms, all members of the household must remain at home for 14 days.

DO NOT  **VISIT FRIENDS AND RELATIVES.** The more contact we have with others, the greater the chance of spreading the virus.

DO NOT  **LOSE CONTACT WITH FRIENDS AND FAMILY.** Keep in touch via phone, email, Facetime and other contactless forms of contact. Join the Cassington Village Facebook group to keep in touch with other villagers.

DO NOT  **USE THE GREEN GYM EQUIPMENT IN THE PARK, OR THE CHILDREN'S PLAYGROUND EQUIPMENT.** The virus can linger on such surfaces, which are not cleaned regularly.

DO NOT  **WORRY.** If we all pull together and follow the guidelines above we will get through this.

The above chart was put together by Rebecca Clare on behalf of the NHW team

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What we've been up to...

Blenheim Bursary Winners Announced

A total of 16 local charities and good causes are set to benefit from a £50,000 charity and community bursary set up by Blenheim. Among the groups set to receive funds, ranging from £500 to £5,000, are Farm Ability, Oxfordshire Youth, Stonesfield Allotments, Sustainable Woodstock, Forrest Bathing and West Witney Primary School.

Declaring Climate Emergency

We are revolutionising the way we operate and our relationship with local communities as part of a radical response to the urgent threat posed by climate change. Among our far-reaching commitments is to become carbon negative within five years.

'Living With Beauty' Report

Our affordable housing scheme at Blenheim Estate Homes has been featured in a major new government-backed report entitled 'Living With Beauty', written by the Building Better, Building Beautiful Commission. The report celebrates housing schemes across the country who promote health, wellbeing and sustainable growth in their communities and we're proud to lead by example, offering both affordable rent and shared ownership for local people.

blenheim.org

blenheimestate.com

Forthcoming Events

Easter Eggstravaganza

10 - 13 April

Join us for an eggcellent Easter weekend in the Pleasure Gardens for all the family to enjoy.

Cecily Brown Contemporary Art Exhibition

23 April - 15 July

This Spring enjoy a solo exhibition by acclaimed British artist Cecily Brown, made up entirely of new works inspired by the Palace's collection.

Jousting Tournament

2 - 3 May

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noticeboard

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	Minor illnesses Headache Stomach upsets Bites and stings	Pharmacy
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Dog poo waste bins can be found at

- Corner of Eynsham Road and A40
- Eynsham Road opposite Manor Close
- Village Hall car park
- 'Cross roads' of pedestrian paths corner of school grounds
- Bell Lane (pedestrian path) opposite the small green
- Bell Lane opposite Bell Close
- Car Park gate to Elms Road playing fields

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Run by volunteers, this is available

by phoning Sheila Nelson on 880740 or Pat Vereker on 880693

Please give us as much notice as possible

Unfortunately we are now unable to offer transport to hospitals for routine outpatient appointments. For these please contact the patient transport number 0300 100 0015 or Volunteer Link Up 01993 776277 (there may be costs with this service).

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Observation

by Stephen Wright

What a bizarre time it is to be alive. Since my last column entry, coronavirus has effectively rendered my job obsolete, what with the entire sporting calendar being affected. As I type, I have just done my last day of work in the office and will now be working from home for a few weeks, and by home I mean 'the' home. Don't worry Cassington, I'm not bringing the virus with me!

It will be a real shame if the season doesn't finish because, despite Norwich City's position at the foot of the Premier League table, there have been some memorable moments to cherish during the 2019-20 season, the most recent of which came on March 4. After eating fancy sandwiches at a Premier League meeting in London, I joined the Norwich media team to report on the Canaries' FA Cup fifth round win against Tottenham Hotspur, which went all the way to penalties. Covering the shootout was particularly fast-paced as I desperately scrambled for the appropriate emojis to tweet (sorry if this is going over your head), but it was all worth it when Norwich goalkeeper Tim Krul made the match winning save and my tweets read as follows...

"KRUL SAVES AND WE'RER THROUGHGHGHGHGHGHGH!"

"SO OFTEN OUR HERO. SCARVES ARE SWINGING. LIMBS ARE FLYING. NORWICH CITY HAVE DONE IT!"

Perhaps I allowed myself to get slightly carried away there, but professionalism isn't quite at the front of your thinking when you witness such a special moment in football, so it was a pleasure to be there and I'm looking forward to the beautiful game returning once we get through this pandemic.

Less exciting was getting back from that away trip at 4am, in no small part due to the fact we had to turn around and go in the wrong direction for half an hour to give some petrol to a colleague who had run out. It was fully worth it, however, when we arrived and he had brought us a selection of Krispy Kreme donuts to compensate. Where he got those from without petrol, now that I think about it, is a bit odd.

Regardless, the next evening I had the pleasure of interviewing Sky Sports News' broadcasting legend Jeff Stelling, who was just as charismatic and animated in person as he is on the tele. They say don't meet your heroes, but some of them aren't bad.

What was very bad were a selection of Sheffield United fans when we played them the following weekend. Everything about the club seemed impressive, but I always hate stadiums that are designed so you have to walk through the home crowd to get from the press box to the tunnel. Basically, after every game I have to go to interview a player or the manager in the interview room, which is down the tunnel, and at some grounds you have to walk down the steps and through the home supporters to get there. Sheffield United's Bramall Lane is one such ground, and after beating us 1-0, their supporters weren't exactly sympathetic towards me as I waltzed around in my Norwich jacket. Many told me to 'look forward to the Championship next season', some even shouted at stewards to ask why I was allowed in that area. Rest assured, I didn't want to be.

Ultimately, the joke's on them when Norwich stays up because the coronavirus renders the season null and void. Thanks, people who ate bats.

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Cassington W.I.

W.I.President. 01865 88074 W.I.President. 01865 88351
Secretary. 01865 881680 Treasurer. 01865.881352

I feel sure you won't be surprised to learn that there was no meeting of the W.I. this month, which should have been our AGM with supper and drinks to follow and is usually a thoroughly enjoyable evening. Despite this the committee members decided to serve again for the coming year and I will give their names and telephone numbers at the end of this report so that if anyone feels we can offer help and advice in any way you will contacts available. Our program is on hold for now. I hope you all stay safe and well and that the country can beat this virus quickly.

Joint Presidents this year are:- Sheila Nelson and Glenda Appleton. Treasurer:- Jane Cook. Secretary:- Di Williams 01865 881680

Maggie Nightingale

Community Action Response launched in the face of emerging coronavirus crisis

Launched by the Eden Project Communities, Nextdoor has joined the cause along with The National Lottery Community Fund, Neighbourhood Watch, Campaign to End Loneliness and Eco Attractions Group, the Community Action Response has been created because of the unprecedented challenge that Coronavirus presents for people in every neighbourhood in the UK. Together we are calling for everyone to take steps that will help communities cope when the worst impacts of the virus hit.

Community Action Response – five things you can do:

(1) Think of others, consider your actions & be kind: People in every community will face the challenges of Covid-19 in some way – from needing basic provisions to help while they are unwell.

(2) Connect and reach out to your neighbours: as self-isolation increases, we need to find new ways to stay connected and check in on one another for our physical and mental wellbeing. Share phone numbers and stay in touch.

(3) Make the most of local online groups: Keep up to date, share information and be a positive part of your local community conversations using platforms like Nextdoor.

(4) Support vulnerable or isolated people: different groups in our communities are at increased risk and social isolation and loneliness are key concerns for all ages. There are things you can do like volunteering for local support services or donating to food banks to help.

(5) Share accurate information and advice: Support anyone who may be anxious about Covid-19. Sign post them to the correct advice from Public Health England and encourage people to follow the correct hygiene practices.

Research from The Big Lunch shows nearly a fifth of us in the UK have no-one in our neighbourhoods outside the immediate family we could call on if we needed help or support. With the rapid spread of Coronavirus (Covid-19) increasingly likely, this is a real risk and combined with the need to self-isolate this gap in our community connections needs to be closed. The research also reported that more than 36 million people feel distant or very distant from their neighbours, yet three-quarters of us believe it would be better for our communities if we were closer to them.

Executive and VIP Transport



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Vicky's After School club offers a safe, nurturing environment for children aged 4-11 and will include fun activities including arts and crafts, indoor and outdoor play and much more.

The club will be open from 3pm-6pm
Monday-Friday.

Bookings will work on a termly basis.

For bookings call Vicky on 0788 7711 454
or email vickyhickman1@gmail.com

Visit our website

www.vickysafterschoolclub.co.uk

Village Hall AGM 25 February 2020 Chair's Review of the Year *"Not just a building, but building a community"*

2019 was a year of business as usual for the hall, with no major surprises. The money coming in from bookings did fall slightly from the year before, but we continued to make improvements to facilities for hall users, and kept up with the regular maintenance that's needed throughout the year. Many thanks to all our users, donors, volunteers, and hard working team of committee members who make it happen year-in and year-out. The hall continues to be a very popular community venue and a great asset, effectively owned by the village for the benefit of the village.

Our income from hall lettings for the year was down by £1,644 at £12,669 (£14,313 in 2018). We budget to take around £1,000 a month in bookings to cover our running costs, so this was on budget; and although the fall was something to be concerned about there was no cause for alarm. There was no single reason for the fall, just a drop in smaller one-off bookings this year and also one of our major customers was slightly less active and dropped one regular session. To generate extra income, we continued to run our own popular events including monthly cinema screenings and live shows from touring companies, and we also ran our 'bacon baps' stall on Bike Night. Our total revenue from events and fundraising was steady at £2,700 (£2,823 in 2018), and after costs of £827 we made a healthy profit of around £2,100. Our income from donations was lower at £235 (£285 in 2018) but in line with expectations. If we add bank interest, investment income and Gift Aid, our total income for the year was £16,075 (£17,833 in 2018).

Looking at the costs of running the hall, our expenditure before depreciation was £16,745 this year, up over £2,200 on the previous year's figure of £14,522. To start the new year rolling, in January 2019 we had the main wooden floor professionally refurbished at a cost of some £2,000 to help keep the hall in top condition for all users. This meant that we did spend £3,707 on repairs and maintenance during

the year, which is around £1,700 more than the year before at £2,040 in 2018.

So the end result financially, after allowing for annual depreciation this year of £3,720 (£3,881 in 2018), was net outgoing resources of £3,652 (£1,128 net outgoing in 2018). That's the second year in a row that we've had an overall outgoing rather than incoming result, but our cash position is still very positive. We had virtually exactly the same amount of cash at the end of the year as we did at the start. So overall our finances are still in good shape.

Many thanks are due to our hard-working volunteers on the committee for the year: Ruth Bakewell (Events), Penny Burroughs (Secretary), Lorna Mills (Treasurer), Bryan Partridge (Vice-Chair and Buildings), Dave Butlin, Sheila Nelson, Bridget Sherlock and Malcolm Teal. We also need to give massive thanks to our hall manager Kathryn Teal for her constant commitment and dedication to duty.

Rebecca Copelin our cleaner had brilliant results in her A Levels and has moved on to pastures new. Many thanks Rebecca for all your help over recent years, and we wish you every success in the next chapter of your life. We were delighted to welcome our new cleaner Pam Coates, and need to give special thanks to experts within the village who volunteered specialist help during the year, in particular Dan Bakewell, Graham Mills, Matt Terry and Paul Woolford. We always welcome new volunteers to come and join our Committee too, so if you're interested please do get in touch.

Finally, please consider joining the **Patrons of Cassington Village Hall** for as little as £10 a year, and you can also Gift Aid your donation to make it tax efficient. The village hall is a registered charity and relies totally on generating its own income to keep the place going. If you value the hall at the heart of our community, making a small regular donation is a great way to help.

 <p>Think of others, consider your actions & be kind</p> <p>People in every community will face the challenges of Covid-19 in some way – from needing basic provisions to help while they are unwell.</p>	 <p>Connect and reach out to your neighbours</p> <p>As self-isolation increases, we need to find new ways to stay connected and check in on one another for our physical and mental wellbeing. Share phone numbers and stay in touch.</p>	 <p>Make the most of local online groups</p> <p>Keep up to date, share information and be a positive part of your local community conversations.</p>	 <p>Support vulnerable or isolated people</p> <p>Different groups in our communities are at increased risk and social isolation and loneliness are key concerns for all ages. There are things you can do like volunteering for local support services or donating to food banks to help.</p>	 <p>Share accurate information and advice</p> <p>Support anyone who may be anxious about Covid-19. Sign post them to the correct advice from Public Health England and encourage people to follow the correct hygiene practices.</p>
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THE CATHOLIC CHURCH OF ST PETER, EYNSHAM
Serving the Hanboroughs, Freeland, Cassington, South Leigh,
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Many non-Catholics come to our Church or get help from our Priest. All are welcome.

Address : Abbey Street, Eynsham OX29 4HR Phone 01865 881613 Website: www.stpeterseynsham.org.uk

THE PARISH PRIEST : Father Mark Lagorio is happy to receive enquiries by phone on 01865 881613 or email stpeterschurcheynsham@gmail.com

The Retired Priest : Father Martin Flatman is available on 07719 646790 or email fmartinflatman@gmail.com

NO PUBLIC SERVICES are being held here until the Virus Crisis is over. Mass will be said every day for everyone but in private so please contact one of the priests if you want particular prayers said. We hope to have the Church open every day if you want to come and say prayers and/or light a candle.

noticeboard

Cassington Bookworms

Next Meeting is

Monday 6th April at 8pm

In preparation we are reading

'Fruit of the Lemon'

by Andrea Levy.

All Welcome

Venue: The Old Manor,
Cassington



AIRPORT TRANSFERS **WITNEY SHUTTLE**

WE OFFER A FRIENDLY, PROFESSIONAL AND EXTREMELY RELIABLE SERVICE FROM CASSINGTON, WORTON, EYNSHAM & YARNTON TO HEATHROW (and other airports/cruise terminals etc.)

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in Bampton and Cassington offer a happy and homely environment for our residents.



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enquiries@rosebankcarehome.co.uk
www.rosebankcarehome.co.uk

CHURCHFIELDS CARE HOME

Pound Lane, Cassington,
Oxford, OX29 4BN

01865 881440

enquiries@churchfieldscarehome.co.uk
www.churchfieldscarehome.co.uk

The Church of St Peter's is here as a fellowship to worship God,
build people up in Christ and share his love with others

***The church will remain open daily as a place of quiet
and escape from everyday pressures.***

APRIL 2020

**At the time of going to print ALL church services have
been suspended.**

At this difficult time please know that all of the village is held in prayer by the congregation of St Peter's Church. We are following the government and Church of England advice to suspend all church services for the foreseeable future. However, the church remains open during daylight hours for reflection and prayer and if you have particular spiritual needs feel free to contact:
*The Vicar – Revd Duncan Fraser Tel: 07810324088 or
Associate Curate – Revd Roger Aston Tel: 01865 880757*

We will be developing on-line services, and resources will be uploaded initially on the St Leonard's Eynsham website: stleonardseynsham.org.uk
There are also resources on the Church of England web site:
<https://www.churchofengland.org/>

**Cassington Tinies & Toddlers and Cassington Café
are also suspended until further notice.**

*Enquiries: Church Administrator: Jan Macdonald – Mon-Thurs 9am-1pm Tel:01865 883325
email stleonards_stpeters@btconnect.com*

CHURCH FLOWERS

We shall be decorating St Peter's Church for Easter for those using the Church as a place of quiet reflection. If anyone would like to give a donation towards the flowers it would be most appreciated.

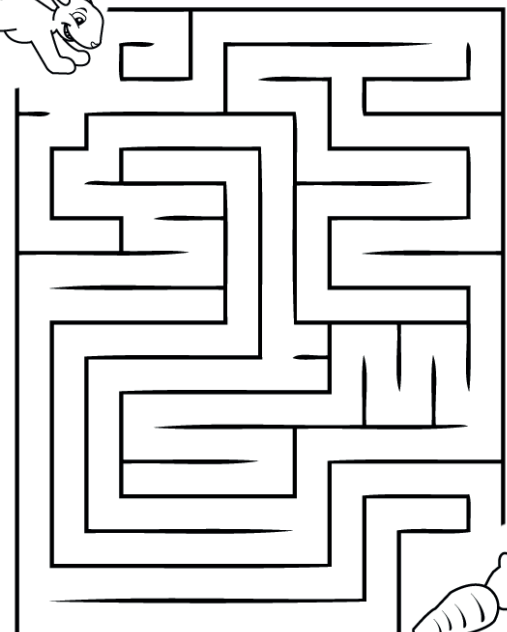
Any queries in this fluid environment, please contact Liz Henman.

P	T	N	A	S	H	G	S	T	Z
S	W	Q	P	B	X	S	P	H	C
S	V	M	D	A	A	Z	R	R	A
U	Q	B	T	S	C	H	I	C	K
M	D	U	C	K	L	I	N	G	E
H	E	N	E	E	A	L	G	K	G
Y	R	N	Q	T	M	M	O	I	G
Z	E	Y	L	V	B	Y	O	F	J

EASTER WORD SEARCH

Search for the
following words:

Basket,
bunny,
cake,
chick,
egg,
hen,
lamb,
spring,
duckling



March 2020

Coronavirus

The neighbourhood watch group have sent leaflets out suggesting ways the village can pull together to help each other. The Parish Council are very much in support of the initiative and would encourage everyone who can to get involved.

School children Crossing the Main road.

The Parish Council have received various requests for help with Children making the crossing of the road. Various ideas have been put forward and it is hoped that with further input it can be discussed openly at our next full meeting in May

Climate Change

The Parish Council have attended meetings with the local group and are supporting various initiatives. See a separate report by the group.

Horsemere lane.

Our County Councillor, Charles Mathew, is pushing for direction on this.

Web site

Moving forward on this but taking time to get a.gov.uk approval.

Tidy up of the area in Church lane

Tender documents are being prepared for this work which it is hoped will start in the Spring.

Tree planting

The Parish Council are looking for suitable sites

Precept

The Precept was raised to cover increased expenditure in the last year for Freedom of Information requests.

Lease for the Playing field

The Parish Council and the Sports and Social club are currently in the process of signing the new lease.

Clerk

Our clerk is currently away having planned surgery. Our meeting in April will have a shortened agenda and will probably only cover financial payments. Because of the crisis with the Coronavirus only Councillors will attend. The Council will still respond to issues but only via email or letter.

N.B Clerk contact details

Email cassingtonclerk@gmail.com

Tel 01993 622750.

Next Parish Council meeting will be on the 2nd April 2020 at 7.30pm at the Village Hall

Hugh Thomas, Chairman, Cassington Parish Council
20th March 2020


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01865 882644 info@wortonpark.co.uk

Neighbourhood Watch Co-ordinators

The aim of Neighbourhood Watch in our village is to look out for one another, keep everyone safe and bring all sections of our community together. Please find below list of NHW co-ordinators with contact details.

Eynsham Road	Julie Perrin	075 9937 1930
Hollow furlong & Manor close ...	Rebecca Clare	078 1619 2493
Mill lane & Pound lane	Sara Bolton	079 3030 7298
The Green & Alms houses	Nav Dey	079 8952 7835
The Red lion & The Green	Jan Faulkner	01865 881 371
Elms road & Yarnton Road	Sally Britton	079 6217 721
	& Emily Lemaire	075 0759 9230
Barrow court & Yarnton Road	Nicola Jeeves	079 3088 8664
The Tennis & Bell Lane	Vicky Thomas-Clarke	079 1740 3976
Bell Close & Orchard Close	Janine Roberts	075 2705 0091
St. Peter Close	Cate Sirkett	079 6872 0241
	& Carol Conway	077 8953 4456
Lynton Lane	Yvonne Wright	079 5273 2416
Horsemere Lane	Stacey Norton	077 1787 4552

what's on?

VILLAGE HALL BOOKINGS



For information, and to book the Village Hall, contact:

Kathryn Teal, 07964 726843 or email
cassingtonvillagehall@gmail.com

Don't forget ... When you book the Village Hall you can make use of our wireless broadband connection – ask Kathryn for details when you make your booking

cassingtonvillagehall.org.uk

Village contact list

Allotments, Cassington.....	01993 882590
Bartholomew School, Eynsham.....	01865 881430
St Peter's Church Cassington	01865 883325
Chemist, Eynsham	01865 881283
Dentist, Eynsham	01865 880047
Fire Station, Eynsham	01865 881337
Flooding, WODC	01993 861000
Gas Leaks	0800 111 999
Library, Eynsham	01865 880525
Medical Centre, Eynsham	01865 881206
Pest Control, WODC	01993 861060
Play Area Repairs, Parish Council, cassingtonclerk@gmail.com	
Red Lion, Cassington	01865 881371
Sports Pavilion bookings (Graham Mills), Cassington, cassingtonsport@millsclan.force9.co.uk	
St Peters School, Cassington	01865 880443
The Chequers	01865 882620
Waste Collection, WODC	01993 861020
Village Hall bookings	cassingtonvillagehall@gmail.com

Cassington, then and now

Interested to see how Cassington has evolved over the years? Or do you have any old photos of the village you wish to share? If so, search 'Cassington, then and now' on Facebook and feel free to join the group!



Sports & Social Club

With the pavilion having gone through a big transformation, we are now ready to hire it once again for small or large events. We have had weddings in the past with a marquee and even a big top on the playing field. Please do get in touch if you would like to hire it or know of other sports teams that need a place to train or play.

- Cassington Sports and Social club pavilion hire prices.

	Weekdays per hour	Weekends per hour
Village rate	£10	£14
Non-village rate	£12	£16
Commercial hire	£18	£20

- Muga hire £22 per hour
- Adults grass football pitch and pavilion £35 per game
- Cricket pitch and pavilion £50 per game
- Tennis court £10 an hour or free if you have a Muga annual pass (June-September)

Please email Graham on for all enquiries and bookings
cassingtonsport@millsclan.force9.co.uk

CAWN Advertising rates

Village events and fund-raising stuff is free. Simple local services, 'for sales' etc., are also free on the "noticeboard" page/section. However donations towards printing costs welcomed.

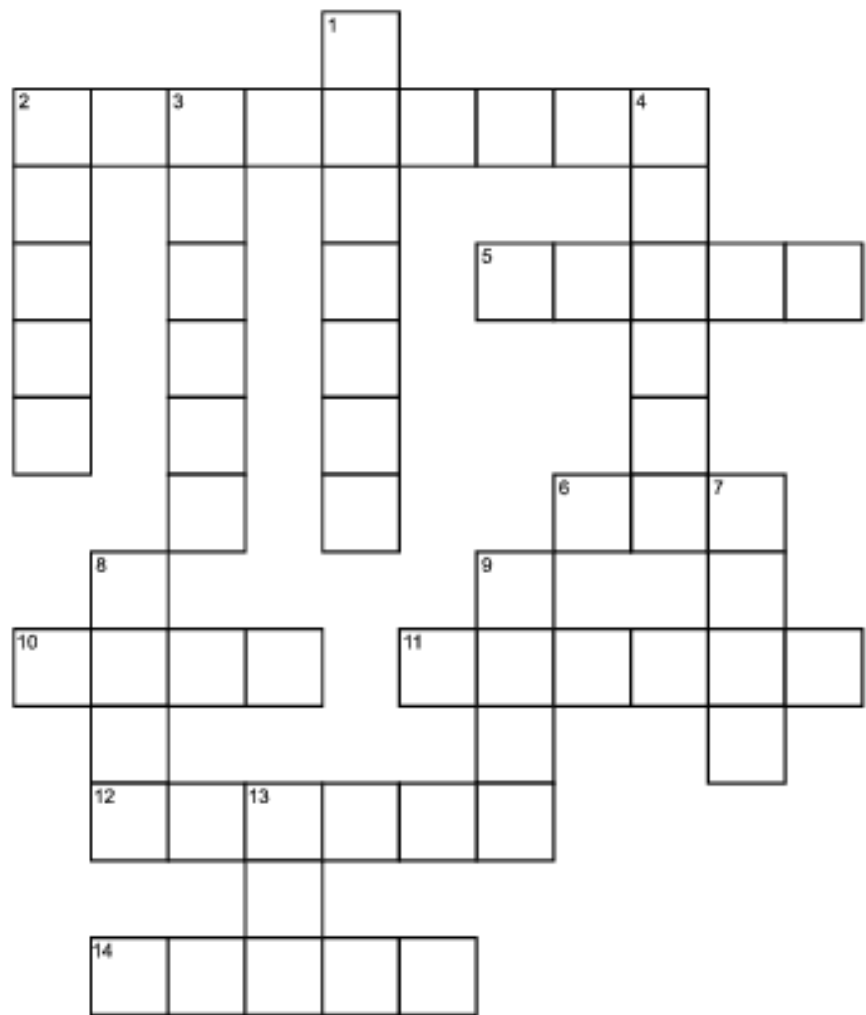
Suitable commercial businesses are invited to support our community by buying advertising space at the following rates:

1/8 page, £6 (£60 per year)	(portrait)
1/4 page, £10 (£100 per year)	(portrait)
1/2 page, £15 (£150 per year)	(landscape)
Full page, £25 (£250 per year)	(portrait)

Technical details for artwork are available on request.

All material included at the discretion of CAWN. Any surplus will be passed to the Cassington Parochial Charities to support our community.

Easter Crossword



Across

- 2 - A mother duck keeps a close eye on her ____.
- 5 - Easter's month.
- 6 - Which came first, the chicken or the ____?
- 10 - A mother cow gives milk to her ____.
- 11 - Easter is always on this day of the week.
- 12 - Carry your Easter Eggs in a ____.
- 14 - The Easter ____ hops around the world and delivers presents.

Down

- 1 - April showers bring May ____.
- 2 - Cows give milk for ____ products.
- 3 - A mother hen watches over her baby ____.
- 4 - Easter's season.
- 7 - A baby ____ is called a kid.
- 8 - A baby sheep is called a ____.
- 9 - In the backyard, the kids are having an Easter Egg ____.
- 13 - The ____ warms the earth and brings light to the world.



www.timvandevall.com
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what's on?

Dates for your diary

Unless shown, events are in the Village Hall

April 2020

<u>Thursday 2nd, 7:30pm</u>	Parish Council Meeting
<u>Friday 3rd, 7pm for 7:30pm</u>	NO Cassington Movies
<u>Monday 6th, 10 am - 12 noon</u>	NO Cassington Cafe
<u>Monday 6th, 8pm</u>	Cassington Bookworms
<u>Friday 10th</u>	Good Friday
<u>Thursday 15th, 7:30pm</u>	NO Cassington WI
<u>Monday 20th.</u>	May CAWN deadline

May 2020

<u>Thursday 7th, 7:30pm</u>	Parish Council Meeting
<u>Friday 8th</u>	VE Day bank holiday
<u>Friday 1st, 7pm for 7:30pm</u>	NO Cassington Movies
<u>Monday 4th, 10 am - 12 noon</u>	NO Cassington Cafe
<u>Friday 10th</u>	Good Friday
<u>Thursday 21st, 7:30pm</u>	NO Cassington WI
<u>Wednesday 20th.</u>	June CAWN deadline
<u>Monday 25th</u>	Spring bank holiday

Tickets for films and shows from:
Ruth Bakewell (01865 883512)

FRIDAY MOVIE NIGHT Cancelled until further notice

in the Village Hall
Tickets £5 from Ruth 01865 883512. Bar and raffle.
Doors open at 7pm and the film starts at 7.30pm.

CASSINGTON WI

Meetings cancelled temporarily



CASSINGTON CAFÉ

CASSINGTON VILLAGE HALL

For the Friends of Cassington Café.

Due to the Coronavirus, the Café will be closed until further notice. We send our greetings to all our friends, and will be thinking of you over the next few weeks.

	Easter Bunny	spring	daffodils		chick		basket	
basket		eggs		Easter Bunny				daffodils
			flowers				Easter Bunny	Hot Cross Buns
chocolate				flowers		basket		spring
	daffodils		Easter Bunny		spring		eggs	
eggs		chick		basket				Easter Bunny
spring	basket				flowers			
daffodils				Hot Cross Buns		chocolate		chick
	chick		chocolate		eggs	daffodils	flowers	

Complete the grid as if you were playing Sudoku (with numbers instead of numbers). Every row, column and mini-grid must contain all nine words.

- (1) Easter Bunny
- (2) Flowers
- (3) Basket
- (4) daffodils
- (5) eggs
- (6) chick
- (7) chocolate
- (8) hot cross buns
- (9) Spring

In the hope of attracting more members we have reduced the cost of a family membership to £25, plus a £5 key deposit, for those of you who were not members last year, and do not have a key to return. The key gives access to the MUGA court, which will soon be set up with one tennis court and one court that could be used for other sport, such as netball.

The membership form is below. Please do join, as the membership fee is a vital part of our funding stream, enabling us to keep the facilities going for the whole village to use and enjoy. In these times of isolation we are really lucky to have such a vast green area that we can all enjoy whilst maintaining the requisite distance from others

Cassington Sports and Social Club household MUGA Annual pass 2020.

Name.....Adult/Junior

Name.....Adult/Junior

Name.....Adult/Junior

Name.....Adult/Junior

Name.....Adult/Junior

Address.....

.....

Phone No.....

Email.....

Cassington sports and social club will consider any cases of village residents suffering from financial hardship on a strictly confidential basis, please do get in touch.

Please follow Cassington sports and social on facebook if possible.

Total sum enclosed: £ _____

Please make cheques payable to 'Cassington Sports & Social Club'
BACS details available from caz.morton@gmail.com

Please return form to Anne Luttmann-Johnson at 3 Foxwell Court,
Cassington phone 07768 167209.

2020 Annual Season Fees:

Cassington residents **£25 per family** if you hand back last year's key, otherwise please add £5 key deposit.

£50 per family for non Cassington residents includes £5 key deposit.

HELLO! If you are self-isolating, I can help.

My name is

.....

I live locally at

.....

My phone number is

.....

If you are self-isolating due to COVID-19 I can help with:

Picking up shopping

Posting mail

A friendly phone call

Urgent supplies

Just call or text me and I'll do my best to help you (for free!)

Coronavirus is contagious. Please take every precaution to ensure you are spreading only kindness. Avoid physical contact (2m distance). Wash your hands regularly. Items should be left on your doorstep.

#ViralKindness



NEW

TELEPHONE SUPPORT SERVICE

FOR OLDER PEOPLE



A new telephone support service has been launched by Age UK Oxfordshire, offering advice and assistance to older people concerned during this time.

Call **01865 411 288**, leave your name and phone number and you will get a call back as soon as possible.

Assistance includes a friendly, weekly call to see how you are and to problem-solve if you are facing practical problems.