# CASSINGTON NEWS WORTON NEWS May 2018 (#491)

News and views from the parish of Cassington and Worton

· · · visit our village website · · · www.wospweb.com/site/Cassington-Online · · ·

# The benefits of exercising as a family

Getting children interested in exercise can be difficult and establishing healthy habits in early life are vital. Being physically active as a family can be not only beneficial for children but parents too.

#### **Establishes healthy habits**

Shocking figures have highlighted that there are now 124 million obese children worldwide. Children develop habits early in life and most often than not these will be taken into adulthood, therefore the earlier healthy behaviours are established the better. Parents who encourage children to exercise as a family are minimising sedentary behaviours of watching TV or playing video games. Children who have had exercise as a fun part of their everyday life are more likely to exercise when they are adults.

#### **Increasing activity levels**

Exercising as a family will get everyone moving and will be beneficial to the whole family's health. According to the NHS physical activity on a daily basis is important for the healthy growth and development of babies, toddlers and pre-schoolers. Children aged 5 to 18-years old need to be doing at least 60 minutes of physical activity every day and

Narrow vocabulary 'hits pupils' grades'

By Hannah Richardson BBC News education reporter 19 April 2018

Monosyllabic adolescents may be nothing new, but the latest research suggests a big chunk of them do not know enough words to do well at school.

According to academics, four out of 10 pupils in their first year of secondary school have such a limited vocabulary that it is affecting their learning.

Many teachers from the 800 secondaries involved in the Oxford University Press research say the problem is worsening.

They blame the "word gap" on too little reading for pleasure.

Studies suggest breadth of vocabulary is strongly influenced by the number of words a child comes into contact with on a daily basis.

This includes conversations with parents, siblings and friends, as well as what they read.

The report, focusing on schools in England, says the number of pupils with limited vocabulary remains "stubbornly high" across all age groups, despite a range of programmes addressing literacy.

And 80% of the teachers surveyed said children with limited vocabulary would find it "extremely challenging" to understand test papers.

A very high proportion of the teachers said the word gap held

on three days a week, it should include exercises for strong muscles and bones. Adults aged 19-64 should try to be active daily in order to remain healthy and should be doing at least 150 minutes of moderate aerobic activity. Exercise is essential if you want to live a long healthy life and is key to preventing numerous diseases such as heart disease, diabetes, cancer, dementia and obesity.

#### Improves communication

Exercising as a family can mean you will be working as a team, therefore you will need to communicate and work together. Children may also be more willing to talk and be open about their lives when being active as a family. It will help to strengthen your relationship and build happy memories.

#### **Provides fun-filled family time**

Exercise can be seen as a chore; therefore, it is important that children view physical activity as a positive fun activity and exercising as a family is the perfect opportunity to do so. Children view parents as their role models and constantly watch their every move, so exercising together can make for fun family bonding. Whether it is swimming, playing tennis, trampolining, football or basketball, you can make it as fun and silly as you want.

If you are looking for a fun family workout, why not head up to the Sports Field. (See Page 8 as well)

back progress in not just English (91%), but in history (90%), geography (86%) and religious studies (78%).

**Lionel Bolton,** of the Oxford University Press, said: "Whether a child is 11 years old and in Year 7, or 16 years old and in Year 11, if there are words in a task that they do not understand, they will struggle to complete the task.

"The 11-year-old is likely to be able to ask for help or access a dictionary; a 16 year old in their GCSE exam cannot.

"And if they do understand all the words in the task, if their vocabulary is lower than their age, their written response may be less articulate, less effective, and ultimately achieve a lower mark.

"This of course is not new - it has ever been thus.

"But with the changes that have been brought in by the new GCSE exams - increased rigour, removal of controlled assessment, and tiering in most subjects - the vocabulary challenges posed are even more pronounced."

Geoff Barton, general secretary of the Association of School and College Leaders - and an English teacher for 32 years said: "In reality the word gap will depend on your circumstances rather than your choices - your home, your family, the richness of language and relations, the presence of books and conversations, the habits you form as you grow up. "These are things largely beyond our control."

Contributions should be provided by 20th of the month. Email submissions (in the body or as a Word attachment) to: cawneditor@ gmail.com. Photographs should be supplied as separate attachments, not placed in the Word file. Typed or clearly handwritten submissions may be posted to: Kevin Burroughs, 5 Hollow Furlong, Cassington, OX29 4ET. We look forward to hearing from you.

# welcome

Kevin's CAWNer

It's AGM and election season and are our civil and social groups led by people truly reflecting all the views of the residents of Cassington or the sector they represent.

Democracy – what does that mean to you? Some say there a four key elements: (1) a political system for choosing and replacing the government through free and fair elections; (2) the active participation of the people, as citizens, in politics and civic life; (3) protection of the human rights of all citizens; (4) a rule of law, in which the laws and procedures apply equally to all citizens. Democracy contrasts with forms of government where power is either held by an individual, as in an absolute monarchy, or where power is held by a small number of individuals, as in an oligarchy. Nevertheless, these oppositions are now ambiguous because contemporary governments have mixed democratic, oligarchic, and monarchic elements. For some democracy focuses rather on opportunities for the people to control their leaders and to oust them without the need for a revolution.

To volunteer is to choose to act in recognition of a need, with an attitude of social responsibility and without concern for monetary profit, going beyond one's basic obligations.

But how do we hold these groups / individuals accountable for their actions or lack thereof? The answer is to be active members and / or to attend public meetings and / or to openly debate successes and failures. If this publication can play a role in that, do let me know your (constructive) thoughts and views.

Till next month - happy reading.

K	ev	ĺ	И

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## With special thanks to...

Lorna Mills (Accountant), Fineprint Witney (Printer), Clare Want and her team (Distributor) and to everyone who actively participates in the production of Cassington & Worton Newsletter.



### **Parish Council election update**

There were 4 nominations received for 5 vacancies. As insufficient candidates for a poll, the persons nominated have been declared elected following an uncontested election.

Where the number of elected uncontested is fewer than the number of seats on the Council, the Parish Council will co-opt to fill the remaining vacancy.

Deemed elected are Barbara King, Carol Mitchell, Julie Perrin and Hugh Thomas.

Elections on May 3rd for West Oxfordshire District Councillor for Eynsham & Cassington ward.



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SUNDAY MORNING SERVICE with Junior Church, 10.30am

Songs of Praise usually the 2ND SUNDAY of the month, 3.00pm

THURSDAY Reflective Service with Holy Communion, 12.00 noon

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#### Benjamin Britten – War Requiem

Saturday, 23rd June, 7.00pm Tewkesbury Abbey, Church Street, Tewkesbury GL20 5RZ

Burford SingersEnglish Arts ChoraleBristol Cathedral ChoristersSoprano: Linda RichardsonTenor : James GilchristBass : Quentin HayesEnglish Arts OrchestraConductors: Brian Kay, Leslie Olive

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choristers of Bristol Cathedral in performing this landmark work. An earlier performance will take place on 9th June in Winchester Cathedral.

Full details at www.war-requiem.org.uk

Reserved seats: £32, £26, £15 - Full time students and under 18s -half price; carers for disabled audience members – free of charge.

**Burford Singers website http://www.burfordsingers.org.uk** Online booking will be available from April 6th to June 22nd, via a link on the website above. The Burford Singers Box Office at the Mad Hatter Bookshop, High Street, Burford will be open from April 6th to June 21st.



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## The Lord is my shepherd

I recently was privileged to hear an elderly and gracious North Korean lady named Hea Woo.

Hea Woo spoke about her persecution as a Christian in N Korea (through an interpreter) and answering questions about her former life in her home country.

Hea Woo's mother was a secret Christian. Even to own a Bible in N Korea is to risk internment or worse. People having a Bible often have to keep them secretly buried in the fields and not in the house but most do not have a bible at all. Hea Woo had copied out her bible by hand.

Life in the rural areas of N Korea is hard and poor. One of Hea Woo's adult daughters died of starvation during a famine. Her husband became a Christian AND was a pastor but was arrested and detained in a labour camp where he suffered torture and hard labour. Conditions were truly terrible where many died from malnutrition, forced labour, torture and/or illness. Bodies of the prisoners are left for days. When cremated their ashes were scattered on the paths where the inmates had to walk to their daily labours. Hea Woo's husband died in the camp.

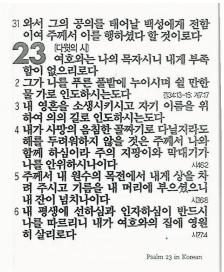
Hea Woo was separated from her children but escaped to China. However, she was repatriated to N Korea and, like her husband before, sent to a labour camp. Conditions in the women's camp were as disgusting as the men's but she managed to survive and help other women in the camp. Some of the women would risk their lives by secretly meeting with Hea Woo in the "toilet" area to worship and pray. When asked what kept her going during those terrible years she replied her memorised passages from the Bible and in particular the 23rd Psalm ("The Lord is my shepherd" - see below in Korean).

Hea Woo stood and led us in singing "Amazing Grace", she in Korean and us in English, and gave a small bow. Such a gentle and humble women but a spiritual hero.

Hea Woo and other persecuted Christians are supported by the international Christian charity "Open Doors" whose UK base is in Witney. You can find more about Open Doors and Hea Woo's story on-line. www.opendoorsuk.org

My question for us is: "Do we hold the liberties and freedoms of this country too cheaply?"

#### **Revd Roger Aston**





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#### Bartholomew Players present: "The Safari Party" by Tim Firth

This is a fast-moving, hilarious comedy by the man who wrote Calendar Girls and who has worked with Willy Russell and Alan Ayckbourn. It features 3 households in Cheshire who hold a safari dinner party, with one course in each house. Young "farming" brothers Daniel and Adam are trying to get their lives on a sound footing after a traumatic past. Lol and Esther are brash and vulgar, but in search of the rural idyll, while their long-suffering, but mischievous daughter Bridget forges her own path. Inga is an antiques dealer, with a creative streak. They don't get on and when the secrets of the table are revealed, it all kicks off.

The Telegraph called it "a cracking comedy – cunningly constructed, thematically rich and above all blissfully funny".

The Guardian said it "becomes a brilliant expose of bourgeois selfdeceit, brought to a pitch of squirming social embarrassment".

Director Gareth Hammond says "I am always looking out for engaging play scripts that press all the buttons. The quality of Tim Firth's writing is outstanding, making it a joy to realise this story on stage. There is humour aplenty, but with darker undercurrents also emerging in the clever plot. We have assembled a very talented cast to bring the colourful characters to life. We had our most successful show ever with Calendar Girls a few years back, so hope to put on another cracker this time.

As usual, we are partnering with a local group for our Charity Supper Show. This time Eynsham Community Primary School PTA will assist us in organising the evening in return for a share of the profits. We look forward to seeing you!

Venue: Eynsham Village Hall, Back Lane, Eynsham, OX29 4QW

#### Roy's ramblings

#### May 2018

Hello folks, just having watched the News, I would not like Mrs May's job – she sure has had some problems. Just how far does one let so called rulers get away with atrocities like they have done in Syria and Russia? Never mind, I suppose it will sort itself out before you read this in the CAWN. I hope so.

I see Germany has done a deal with Gazprom to get gas from Russia cheaper than the rest of Europe – I thought it was all for one and one for all...

As I found out, the World keeps going round when things go wrong for you personally. It does not stop so that you can get off... maybe that's as well or a lot of people may jump off.

The old saying, like many of them is very true, "Laugh and the world laughs with you, cry and you cry alone." I found this in one of my books – although I must say it can be difficult at times.

A smile. It costs nothing, but creates much. It enriches those who receive it, without impoverishing those you gave it. It is something that is no earthly good to anyone unless it is given away. And if it happens that some people are too tired to give you a smile, why not give them one of yours? For nobody needs a smile as one who has no smile to give.

I must admit there are times when it is difficult to smile...and a cheery smile is nice to receive. I feel better having typed it out, I find it more easy to give advice than carry it out. The memory works overtime when you can't sleep, very often bringing up the things you wish you had done or not done. It's funny how the good Lord tells you off, very quietly through other people – just a word dropped in the right place. Then there are all the memories that no one can take away; thank goodness I have plenty.

The Peace of God be with you all – that is something no one can take away.

Roy

PS Don't forget to pray to start the day.

**Roy Partridge** 

#### Dates: Wed 16th - Sat 19th May 2018

Tickets – for Wed, Thurs and Saturday nights Doors open: 7.00pm, Performance: 7.30pm Price: £9.00 (concessions £8.00) Available:

- in advance from Denise Santilli, 07990 537462, bart.players@gmail.com,
- AND NOW ONLINE from

www.ticketsource.co.uk/bartholomewplayers

- from Evenlode DIY in Eynsham
- on the door



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## The Oxfordshire Museum Park Street, Woodstock, OX20 1SN

The Oxfordshire Museum is in the heart of Woodstock and tells the story of Oxfordshire from the Jurassic period through to modern day, with 11 permanent galleries and a touring exhibition there is lots to see. Free Admission & Free

parking, Garden Cafe and Gift Shop

#### **Exhibitions: Bonnets & Bloomers, Bowlers & Braces** 28 April - 27 May

An exhibition inspired by the archives of Henry Allen (1878-1912), a draper from Charlbury, Oxfordshire, discovered in an old tin trunk and gifted to Charlbury Museum. Bills, ledgers, catalogues and mannequins sit alongside period clothes and accessories to tell the story of the Edwardian

drapery trade.

#### **Oxford Textile Artists 25th Anniversary Exhibition - Journeys**

5 May – 3 June This exhibition will take you through a wonderful range of

colour, texture and stitch, using traditional and contemporary styles of textile art.

#### **May Half Term Holiday Activities:** Tuesday 29 May

TOM tots, 10.30-11am - Music, stories and rhymes for the underfives. £1 per child / £2.50 per family Family crafty fun drop-in, 2-4pm, £2 per child / £5 per family Patchwork Luggage - create a mini suitcase, decorate it

with fabric and plan your journey

#### Wednesday 30 May

ColourLab workshop with Science Oxford Sessions: 10am & 11.30am, suitable for ages 4-9yrs. £8 per child. To book visit: https://scienceoxford.com/events/ colourlab-oxfordshire-museum/

T: 01993 814103

W: www.oxfordshire.gov.uk/oxfordshiremuseum Enewsletter: : http://eepurl.com/ker5P Twitter @oxonmuseum https://twitter.com/oxonmuseum Visit The Oxfordshire Museum, Woodstock – It's FREE!

#### Community Education at the Marlborough School, Woodstock By Celia Clark, Coordinator

With the arrival of some sunshine (finally!), comes a desire to get out and about and move more. We can help you do both of these things with our Community Education classes. Joining one of our exercise classes will really get you moving, and it's friendly and sociable too. We have a few spaces on our weekly yoga classes on Mondays, Tuesdays and Thursdays and we are also

running a Yoga for Spring workshop on Saturday 19 May with Janice Hellens. Pilates classes run on Thursday mornings or for something more upbeat, try Zumba Gold on Thursday afternoons, or Badminton on Monday evenings.

Our final Saturday workshop of this academic year is coming up on 19 May, with spaces available on stained glass, preparing a four course dinner party, archery, and our new drumming workshop, learning the techniques and rhythms of hand drums.

Our 2018-19 programme will be available on our website and via email from mid-July.

Marlborough C of E School, Community Education Tel: 01993 813592 Comed.4560@marlborough.oxon.sch.uk www.marlborough.oxon.sch.uk/commed

# Cassington Sports and Social Club Annual Household Membership Form 2018

Name	Adult / Junior
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Phone No	
Email Would you like to go on the email list for the group: Yes / No	 (please circle)
Please follow Cassington sports and social on Facebook if possible. Tennis nets will be up from mid April – September.	
Total sum enclosed: £ Please make cheques payable to 'Cassington Sports & Socia Bacs details available upon request. Please return form to: Kathryn Humphris, Ivy Dene, 12 Lynton Lane, Cassington, OX294ES (phone of	
2018 Annual Season Fees:	
Special early bird offer until May 13th 2018	
£45 Cassington residents (last year's membership rate) and	
<b>£75 non Cassington residents (including £5 key deposit).</b> After May 13 <sup>th</sup> :	
Deduced acts for Occasionation and idents CEE acts for the built	

Reduced rate for Cassington residents **£55 per family** includes £5 key deposit.

£85 per family for non Cassington residents includes £5 key deposit.

MENTAL HEALTH AWARENESS WEEK 14-20 MAY 2018

#### Find out more: mentalhealth.org.uk

Mental Health Foundation

# New pothole fixing machine ensures rural pothole problems don't Drag-on

Another pothole-blasting monster has taken to the roads in Oxfordshire is joining two others already patrolling the county's rural routes.

Oxfordshire County Council and their contractors, Skanska, have taken delivery of another Dragon patching machine which uses a combination of compressed air, heat, bitumen and chippings to repair holes.

#### **Quicker and cheaper repairs**

Because it can repair a number of holes at the same time, and much faster, it can carry out repairs far more cheaply than before. A Dragon Patcher fixed hole costs just under £14 (m2 repair) whereas one fixed using conventional methods on a non-rural road costs, on average, just above £60.

On a good day a Dragon can repair up to 200 potholes and that, combined with the low road repair costs, means that the investment is a sound one.

#### **Report problems that you find**

The Dragon's workload is based on information picked up by the county council's road inspections and problems that have been reported online via Fix My Street.

You can report a range of problems from potholes to damaged signs via

#### https://fixmystreet.oxfordshire.gov.uk/

Every report is investigated and repairs ordered where necessary. Things that you report on rural roads could lead to a visit from the Dragon, although teams using more conventional repair methods also carry out work depending on what is required.

# Great Plastic Pick Up



# Chilterns Walking Festival aims to get people out and about

THE Chilterns Walking Festival will be held next month aiming to encourage people to get out and enjoy the Oxfordshire countryside.

The spring festival programme lasts for 16 days and includes dozens of arranged walks promising spectacular views, local stories and fun activities.

Treks vary in difficulty from the family-friendly to those for the more experienced hiker.

The festival will be held from Saturday, May 19 to Sunday, June 3.

#### To book a place visit

https://www.visitchilterns.co.uk/walkingfest.html

#### **Chilterns Walking Festival**

Our Spring festival programme is now live - join us for the exciting 16 day Spring celebration of walking! Accompanied by expert guides we invite you to enjoy spectacular views, local stories and fun activities -Chilterns style. Below are the details and descriptions for over 80 walks and activities taking place across The Chilterns Area of Outstanding Natural Beauty. Browse the walks, select your favourites then book and reserve your place.

Why not encourage friends and family, or select several walks and make a short break of it? There's a handy booking guide full of useful information, and a programme listings leaflet you can download. May is National Walking Month - so grab your comfy shoes and let's go walking.





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## Observation by Stephen Wright

Many people who have grown up in the 21st century - consciously or subconsciously - crave the lifestyle that those of you who are now elderly once had. Those of you reading this who are old and wise enough can remember a world without social media - a world without so much technology.

I recently came across a writer called Mark Boyle who runs a series on The Guardian's website called 'Life without technology'. It's a fascinating insight into what it's like for someone who suddenly chose to up and leave the Information Age altogether - yet it's one that many of you live today, given the relative youthfulness of Facebook et al. Now, Mark's decision to eradicate technology from his life entirely does seem quite extreme. Even my grandparents, who understandably wouldn't have a clue how to like a post on Instagram or swipe right on Tinder, watch the television most nights. It's obvious that TV's can be entertaining, educational, and beneficial to our lives in other ways. I enjoy going around my grandparent's house when I'm in Oxford so we can scoff at Cowboy Builders, roll our eyes at crime on Police, Camera, Action, or watch some old guy with curly hair plant some seeds on a gardening programme.

I like the idea of doing something like what Mark does, but it struck me just how strong his willpower must be when he wrote that he couldn't even watch Match of the Day or find out what the football scores were, if he remembered that it was a Saturday in the first place. I'm afraid, that is a step too far for me.

If a life without technology is a life without football then I'm going to have to make some amendments to this project. When Oxford United appoint a new manager, I want to know immediately who it is, rather than waiting in the dark for 9 weeks becau... oh. That actually happened anyway.

# OXFORD Airport is celebrating 10 years of growth with plans to open a new Premier Inn at the airfield.

The privately-owned airport near Kidlington, also known as London Oxford Airport, is ranked the fifth busiest UK business airport and among the top 20 in Europe.

It is among a handful of UK business airports that have seen consistent growth after the financial crash of 2007 and a new hangar is about to be completed to cater for increasing demand.

Short-haul flights from Oxford to Edinburgh could be reintroduced if passenger facilities at Oxford are improved.

The Premier Inn chain's involvement was confirmed earlier this year and it is expected that a 101-bedroom hotel will be built at the entrance to the airport.

Hotel guests are expected to include catering for air crew, owners and pilots bringing aircraft in for maintenance, and friends and families visiting air cadets at resident pilot training schools CAE Oxford Aviation Academy and Airways Aviation.

The hotel is scheduled to open in summer next year.

James Dillon-Godfray, head of business development at Oxford Airport, said London Luton Airport has kept its crown as the number one airport for business aviation movements but has become 'increasingly squeezed for slots, to the benefit of airports like us'.

He added: "With night flights constrained at key peer airports we can still operate to midnight seven days a week."

The airport is responding to demand for more home-based and visiting business jets with the completion of a new 16,000 sq ft hangar. The hangar doors were fitted last week and space is Unfortunately, even if I were to commit to such a lifestyle, with the industry that I am working in it's impossible to avoid technology. Journalists at university are told to embrace digital media, embrace apps such as Snapchat - lest we be left behind in a wave of oldfashioned, traditional journalists. It is somewhat jarring that they still make us learn shorthand, then.

Either way, it certainly makes you think. If there are any young readers who manage to steer their eyes away from Twitter to read my column, it's certainly worth thinking about - when you're scrolling through social media are you actually getting anything out of it? A lot of apps are great for their convenience, sure. I like Instagram because it basically allows you to have a photo album without deteriorating paper flying everywhere. But does it really help you sleep at night knowing that you've seen a video of a dog looking cute in a laundry bin? My Facebook news feed is pretty much You've Been Framed on a laptop, and I certainly don't wake up wanting to tune in to Harry Hill's irritating voice. Not to mention, Facebook is becoming more and more dangerous in an era when Zuckerberg and co can use it to harvest your data and manipulate public voting.

Don't take this as me suggesting that all technology is bad. Advances in technology to help with medicine are a god-send, as are dishwashers. In my student house, we don't have a dishwasher. We have to do it the old way. I hate the idea of it but for some reason it sometimes feels quite therapeutic doing it. But I'd never choose to do it over having a machine do it for me. The point I'm making is that certain technologies have unquestionably improved the quality and convenience of our lives – they free up time and energy that allow us to do other things. But how we spend that free time is how other devices such as the iPhone can be damaging.

Anyway, if you'll forgive me, I'm going to end this column so I can go and do nothing because it's too cold and snowy outside and those pointless dog videos won't watch themselves.

#### already being allocated.

Mr Dillon-Godfray added: "With the continuing demand for space we are working on plans for the next major expansion to the north of the site, fulfilling the need for aircraft residency - there are about 25 business jets residing at the airport."

Oxford Airport is owned by the Reuben Brothers. Investment activities include private equity, real estate ownership and development.

In December it emerged that flights across Europe could soon be a reality from the airport but only if it is allowed to expand into the Green Belt.

Airport operators said short-haul flights to Edinburgh, Dublin, Belfast, Amsterdam and Glasgow, as well as weekend charters to skiing holiday destinations, were viable.

It comes as joint proposals from RAF Brize Norton and Oxford Airport are in motion to triple the 'controlled airspace' in the area.

The plan has proved controversial, with a petition launched against what many amateur pilots say is an 'enormous threat to free flying'.

Oxford Aviation Services, which runs Oxford Airport, conceded the Oxford-Edinburgh route was the only one likely to be reinstated unless passenger facilities were allowed to expand.

Oxfordshire Growth Board chairman Bob Price said it was time Oxford had an airport to match its 'global significance' and backed the expansion.

Commercial services to Jersey, Dublin and Edinburgh have flown from Oxford over the past decade but proved unsuccessful.

Oxford Airport is about the same size as London City Airport, which flies short-haul journeys to Amsterdam, Zurich, Geneva and Dublin and takes passengers as far as New York.

# **Cassington W.I.**

This month's talk was about medicine during Roman times which was most interesting, occasionally gruesome, very informative and often funny. Some of the remedies lasted from ancient times to the Vitorian era like bloodletting. Some weird practices like trepanning, drilling a hole in the skull to relieve pressure and pain which some people in this country still believe, to filling the nostrils with stinging nettles to stop a nosebleed. And a very interesting belief that by wearing amethysts in some form will prevent drunkenness, now you know, you can really let your hair down when you want to party!

We had ou usual raffle and Audrey Bishop brought us a lovely rich, gooey chocolate cake to share with our tea and coffee.

Next month's meeting will be a chance to discuss W.I. resolutions for this year which look like being combating loneliness in people of all ages and another topic being that mental health matters as much as physical health. This meeting will be on 17th May.

Maggie Nightingale 20.04.2018

### **CHURCH FLOWERS**

If anyone, who feels they would like to do Church Flowers during the year can write their name on a list, which is now on the notice board in the Church Porch. A two week 'stint' is ideal as flowers and foliage tend to last in the cool Church. It would be very much appreciated if we could have more volunteers throughout the year.

Any queries, please contact Liz Henman on 01865 881303

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## THE CATHOLIC CHURCH OF ST PETER, EYNSHAM Serving the Hanboroughs, Freeland, Cassington, South Leigh, Stanton Harcourt, Sutton and Northmoor.

Many non-Catholics come to our Church or get help from our Priest. All are welcome. Address : Abbey Street, Eynsham OX29 4HR Phone 01865 881613 Website: www.stpeterseynsham.org.uk

**SUNDAY MASS** is at 10.00am with a Children's Liturgy during Mass and

SATURDAY for Sunday at 5.00pm

Mass also

Mondays, Tuesdays & Fridays at 9.30am, Wednesdays & Thursdays at 10.00am

(Times are changed occasionally and announced on the preceding Sunday)

**THE PARISH PRIEST : Father Mark Lagorio** is happy to receive enquiries by phone on 01865 881613 or email stpeterschurcheynsham@gmail.com

*The Retired Priest : Father Martin Flatman* is available on 07719 646790 or

email frmartinflatman@gmail.com

BIBLE STUDY after Mass on Wednesdays.

**ADORATION** after Mass on Fridays.

**THE CHURCH is open for prayer** during daylight hours at Abbey Street, Eynsham, OX29 4HR.

**THE HALL (The Tolkien Room)** is available for hire with a lovely outside area where people can sit or walk, and children can play. To book contact the Parish priest as above.

**THE MONTH OF MAY** is named after Mary, the Mother of Jesus, and along with Catholic Christians all over the world we

## VILLAGE HALL "ACCOLADES"

Now is the time to record a very major **THANK** 

**YOU** to **Nicky Copelin** for her 15 years of dedicated service to our Village Hall, in the role of Booking Manager/Caretaker.

Nicky has also given very generously of her time, in participating in the many and varied activities that have taken place in our hall, over her period of service.

Whenever attending for film shows, plays, pantomimes, parties and all other regular functions, Nicky could be seen helping out in whatever areas of assistance were needed.

Our hall has seen some difficult times over the past 15 years and Nicky has responded to whatever tasks were needed to ensure satisfactory results for each situation.

Nicky has now decided that it is the right time for her to concentrate on full time employment challenges, and to spend more time with her family.

So, thank you Nicky for your wonderful service to the Village Hall and the community of Cassington.

All committee members, past and present and all Cassington villagers, wish you every success in your future endeavours, and we sincerely hope to see you at as many village hall activities as you can possibly manage.

mark the first Sunday in May by crowning our statue of Mary. We honour her because of her unique role in bearing Jesus in her womb and giving birth to him for the whole world. Our statue of Mary does not appear to show Jesus with her, but if you look carefully you can see that she is pregnant, that Jesus lies within her. We do not pray to Mary, as some think, but we ask her to pray for us.

**OUR CARE FOR THE POOR AND HOMELESS** is reflected in the way, along with the other churches of Eynsham, that we have supported Gatehouse in Oxford for many many years. We are delighted to have been asked to host a meeting on Thursday 17th May at 7.30pm when someone from GATEHOUSE will come to speak about their work. This is open to anyone who is interested.

**ASCENSION DAY is on Thursday 10th May** so there will be a Mass at 10.00am and at 7.00pm. For some years Catholics in England and Wales have celebrated this Festival on the following Sunday, but now our Bishops have put the celebration back to its traditional date.

ANOTHER PROJECT FOR THE POOR of the world is our support for CHRISTIAN AID WEEK (13th-19th May) when some of us will join members of the other Churches in knocking on doors and asking people to contribute to this important work SIX TEENAGERS are preparing for Confirmation at the moment and deepening their understanding of their faith in the process. We are looking forward to a visit from our Archbishop of Birmingham on Sunday 3rd June when he will confirm them.

#### **Frank Nelson**

Most regretfully, we have accepted the need for Frank to resign from the Village Hall Management Committee, for reasons of ill health. Frank has served the village for c. 10yrs in a variety of ways, but in particular as our "buildings and maintenance" committee member.

Whenever there has been a need for repairs, replacements or DIY tasks. We have been fortunate enough to have Frank resolving these issues and sourcing work and resolution to the tasks.

During the last 2 bike night events, Frank helped to prepare, cook and serve in excess of 800 bacon baps to our motor cycle customers – no mean task!

Again – as with Nicky, Frank will be sorely missed.

We record here on behalf of all past and present committee members and all Cassington villagers, our sincere thanks to Frank, for his service to the community.

#### Cassington Village Hall Management Committee





#### 01993 850308

enquiries@rosebankcarehome.co.uk www.rosebankcarehome.co.uk CHURCHFIELDS CARE HOME Pound Lane, Cassington, Oxford, OX29 4BN

#### 01865 881440

enquiries@churchfieldscarehome.co.uk www.churchfieldscarehome.co.uk

### **ST PETER'S CHURCH CASSINGTON** The Church of St. Peter's is here as a fellowship to worship God,

build people up in Christ and share his love with others

The church is open daily as a place of quiet and escape from everyday pressures.

MAY 2018

There is usually a service of Holy Communion on Tuesdays at 9.30am except Tuesday 8 May. Prayers at 12 noon on Thursdays. The church bells will usually be rung between 9.30-10am prior to the 10am service Practice night is on Thursdays between 7pm and 8pm.

<u>Sunday 6 May</u> 8am Holy Communion (BCP) 10am St Peter's Togther

(A monthly celebration suitable for all ages, bringing together the church congregations, St Peter's School and the community. *Revd Duncan Fraser* 

<u>Thursday 10 May - Ascension Day</u> 9.30am Holy Communion

> Sunday 13 May 10am to be confirmed 6pm Prayer Meeting

Sunday 20 May 8am Holy Communion (BCP) Revd Duncan Fraser 10am Morning Worship 11.30 Holy Communion at Churchfields Nursing Home

#### Sunday 27 May 10am Holy Communion (BCP) Revd John Underwood 6pm Evening Prayer

KeithJones



Toys, crafts, songs & refreshments for under-fives and their carers. The group is being run by St Peter's Church in partnership with local parents

Contact details:

Vicar – Revd Duncan Fraser Tel: 07810324088 email: <u>vicar@stleonardsandstpeters.church</u> Associate Curate – Revd Roger Aston Tel: 01865 880757 email: <u>rogera52@aol.com</u> Children & Families Worker – Carmen Fraser Tel:07867675594 email: <u>cf@stleonardsandstpeters.church</u> Youth Worker: Olly Shaw email: <u>youth.stleonards@gmail.com</u> blog: <u>http://stleonardsyouth.blogspot.co.uk</u> web site www.stleonardsyouth.co.uk Enquiries including weddings, baptisms and funerals: Church Administrator: Jan Macdonald – Mon-Thurs 9am-1pm Tel:01865 883325 email <u>stleonards stpeters@btconnect.com</u>

#### Grave concern

There has been a report that rubble has been placed on a grave in the churchyard and that a memorial vase has been removed. If anyone knows anything about this please could they advise the church office detailed above.

## Parish Council News

April 2018

#### **Horsemere Lane Closure**

A meeting with residents and the Parish Council is to be arranged with OCC to formulate a plan to close the lane.

#### Speed watch

Speed Watch continues. A speed watch on Wednesday 18th April, 14 offenders were speeding.

#### War Memorial

The Parish Council have received 4 quotes for the work and have asked the surveyor for comment before submitting the approved quote for a grant.

#### Neighbourhood watch.

Our watchers continue to work with the police to good effect.

#### Play area at the recreation field.

The Sports and Social continue to pursue grants for more play equipment.

#### **Pavilion**

The Sports and Social club and the Parish Council have agreed a schedule for remedial works and further grant applications will be made to cover the cost of this work. You will have seen from last month's CAWN that for these works to continue the Sports And Social club need help to get this moving. Please help if you can, the Pavilion is an important village asset.

#### **Benches on the Green.**

The Parish Council have purchased three new benches. It is hoped that the benches will soon be put in place and commemorated with plaques.

#### Trees on the Green

The Parish Council are getting reports from specialists to see what pruning is necessary.

#### **Beech Hedge in the cemetery**

The Parish Council have placed an order with a contractor to cut this hedge back to the boundary. This will allow proper access to

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#### adjacent graves.

The work has been delayed because of the weather. It is hoped that the work will be done at the next half term.

### Defribulator at the Village Hall

Residents are reminded where it is located. The Parish Council have discovered that seems to be a lack of

coordination with the Ambulance service. We are currently trying to find out how the Ambulance service coordinates the use of the defribulator in an emergency.

#### Manor Farm Development

The Parish Council have been told that Blenheim hope to start works next month.

#### **Council Elections**

Residents are reminded that Parish Council and District Council elections will take place on May 3rd.

There were just 4 nominations for the Parish Council.

#### Planning Application at Alan Aston, Bell Lane

Paul Snell a director of Alan Aston attended our last meeting to explain an application they are about to make to rebuild their offices and create additional parking on site.

The application should be available for public view next month.

#### Garden Waste in the cemeteries

The Parish Council have purchased 2 licences for black bins, one for the new cemetery and another for the old cemetery in Pound lane. The church has a licence for a bin in the main churchyard.

#### **Clerk contact details**

Email cassingtonclerk@gmail.com Tel:01993 622 750 <u>Next Parish Council meeting will be 10th</u> <u>May 2018 at 7.30pm at the Village hall</u> <u>Annual Parish meeting 17th May 2018</u> <u>7.30pm at St Peter School.</u>

Hugh Thomas Chairman. Cassington Parish Council



# Selection of Beautiful Holiday Accommodation set in the rolling Countryside

Accommodate between 2-22 guests Situated over three sites of Thrupp, Worton and Woodstock.

#### New to Worton Park:

The Poolside Pantry is a cafe and coffee shop offering a selection of hot and cold foods with a focus on foods being healthy and locally sourced. Serving artisan coffee, roasted locally in Witney by UE Coffee Roasters.

## WORTONPARK.CO.UK

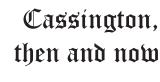
01865 882644 info@wortonpark.co.uk





# HAVE YOU EVER WONDERED HOW YOU PLAY AUNT SALLY? AFTER ALL IT IS A VERY LOCAL GAME..

NOW IS YOUR CHANCE TO JOIN US AT THE AUNT SALLY SOCIAL FOR ALL THE VILLAGE. COME ALONG TO THE RED LION ON MONDAY MAY 7TH 2-4PM



A Cassington resident has suggested a new feature for CAWN. Many readers will be familiar with the Cassington Then and Now page on Facebook but for those who don't have access we thought it would be nice to share some old village scenes in the newsletter. To start the ball rolling, here is a lovely old photo of Paul and Betty Smith, former landlords of the Red Lion. This photo is courtesy of Paul (Kiwi) Walsh and came to me all the way from New Zealand via his neice in Australia. Kiwi as everyone knew him, used to work at Trinity Plant Hire in Bell Lane, (now the salvage yard). He also rode for the Oxford Cheetahs speedway team and was a regular in the Red Lion!

If you have an old photo and a story you would like to share, please send it to the editor at the usual address

## Robert Courts MP - update

I greatly enjoyed my recent visit to the new Cassington Green Gym. I was very pleased to see this fantastic community project, which I am sure will be an enduring gift to the local area – fitness in the beautiful countryside!

Many of you have contacted me about the condition of roads in West Oxfordshire, and I am very aware of the damage that has been done to our roads during these past winter months. I therefore welcome the Government's recent announcement that local roads badly affected by winter weather will benefit from a further £100 million to help repair any potholes and other storm damage. This means £1.8m will be available for Oxfordshire to repair potholes; when coupled with other funding announcements, this means we will have nearly £3m to fix our roads. Oxfordshire County Council (OCC) are working hard, using this funding to patch the areas that need it most, and I welcome the good work they have done so far. Nevertheless, I know there is more to do - but this is certainly a large step in the right direction.

As ever, if there is anything you wish to raise with me, please do not hesitate to contact me at robert@robertcourts.co.uk.

WE ARE HOPING TO HAVE SOME FRIENDLY TOURNAMENTS AND A CHILDREN'S GAME. CAKE STALL AND TOMBOLA PROCEEDS TO CASSINGTON SPORTS AND SOCIAL CLUB.

# what's on?



# NEXT MOVIE NIGHT 1 st June 2018

The Post

Tickets £5 from Ruth 01865 883512. Bar and raffle. Doors open at 7pm and the film starts at 7.30pm.

-----

## Village contact list

Allotments, Cassington	01993 882590
Bartholomew School, Eynsham	01865 881430
Church (to be advised), Cassington	01865 881323
Chemist, Eynsham	01865 881283
Dentist, Eynsham	01865 880047
Fire Station, Eynsham	01865 881337
Flooding, WODC	01993 861000
Gas Leaks	
Library, Eynsham	01865 880525
Medical Centre, Eynsham	01865 881206
Pest Control, WODC	01993 861060
Play Area Repairs, Parish Council,	

cassingtonclerk@gmail.com

	0
Red Lion, Cassington	01865 881371
Sports Pavilion bookings (Grahar	n Mills), Cassington,
cassingtonspor	rt@millsclan.force9.co.uk
St Peters School, Cassington	01865 880443
The Chequers	
Waste Collection, WODC	
Village Hall bookingscassingte	onvillagehall@gmail.com

## Cassington, then and now

Interested to see how Cassington has evolved over the years? Or do you have any old photos of the village you wish to share? If so, search 'Cassington, then and now' on Facebook and feel free to join the group!



## VILLAGE HALL BOOKINGS



For information, and to book the Village Hall, contact:

Lorna Mills 07711489463 or email cassingtonvillagehall@gmail.com

Don't forget ... When you book the Village Hall you can make use of our wireless broadband connection – ask Lorna for details when you make your booking

cassingtonvillagehall.org.uk

# Sports & Social Club

The MUGA pitch is now fully operational and is being used regularly. If you know of any teams that would be interested in hiring the pitch, please do put them in touch with <u>Graham</u> <u>Mills (cassingtonsport@millsclan.force9.co.uk)</u>. The tennis season has now come to a close and the nets have been taken down but the MUGA can be booked for football or hockey training by emailing Graham.

General hire prices are as follows: Pavilion £10 per hour. Adult grass football pitch and pavilion £35 per game. Cricket pitch and pavilion £50 per game. Tennis court £10 per hour. (April to September) MUGA £22 per hour . We will keep you updated on our development plans but if you have any specific ideas, please email suzilewis42@gmail.com.

### **CAWN Advertising rates**

Village events and fund-raising stuff is free. Simple local services, 'for sales' etc., are also free on the "noticeboard" page/section. However donations towards printing costs welcomed. Suitable commercial businesses are invited to support our community by buying advertising space at the following rates:

1/8 page, £6 (£60 per year)(portrait)1/4 page, £10 (£100 per year)(portrait)1/2 page, £15 (£150 per year)(landscape)

Full page, £25 (£250 per year) (portrait) Technical details for artwork are available on request.

All material included at the discretion of CAWN. Any surplus will be passed to the Cassington Parochial Charities to support our community.

# noticeboard

For local services, 'for sale' or similar notices, please send copy (by email ideally) to the usual address. Appropriate notices are FREE, and are placed at our discretion.

HATE IRONING? Then Take It To Elsie @ 15, Elms Road, Cassington Tel. 01865 882168 for further details Do you know there is a free service to Consume Consume Consume Consume Service to Consume Consume Consume Service to Consume Consume Consume Service to Consume Consume Service to Consume Consume Service to Consume Consume Service to Consume S

doctors' surgeries at Eynsham or Long Hanborough?

Run by volunteers, thisis available by phoning

Sheila Nelson on 880740 or Pat Vereker on 880693

Please give us as much notice as possible

Unfortunately we are now unable to offer transport to hospitals for routine outpatient appointments. For these please contact the patient transport number 0300 100 0015 or Volunteer Link Up 01993 776277

#### The Oxfordshire Performers Club

A Performers Club has recently been set up for adult amateur musicians who are seeking opportunities to perform in a friendly and supportive environment.

The Oxfordshire Performers Club, which meets at the Eynsham Music Room every 6 weeks or so, is for players and singers, at any level and with any instrument, who just want to gain experience and confidence at performing, without the pressures of a formal concert. Players perform to each other, friends and family, and can perform all or just part of a piece.

The Club welcomes learners (particularly nervous ones) who can try out their pieces at the Club before their examination. We also welcome experienced players who simply lack sufficient opportunities to perform. Some very experienced players try out pieces at the Club first, before performing them at a formal concert.

Our next concert dates are at 3pm on **June 3rd and July 15th**. More information can be found on the website and the Facebook page.

Website: www.oxfordshireperformersclub.co.uk. Facebook: https://www.facebook.com/oxfordshireperformersclub/

#### PORTRAIT ARTIST

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**Need a babysitter?** *I would be happy to help! Just phone 01865 883545 Lorna Petty (16)* £5 an hour



#### Calling all Cassington mums, dads and carers

We would like to invite you to join our friendly local group on Facebook. Search for Cassington mums' group and send a request to join. It's a great way to meet new people, keep up-to-date with what's going on, and get involved in lots of fun social stuff too – both with and without the kids!

If anyone is new to the village and would like a friendly chat to introduce themselves and their families, feel free to contact Vicky (07917 403976; vickyt@ pink-sky.co.uk) or Jess (07852187079; lefevrejessica@yahoo.com).

#### FREE COTSWOLD STONE

I have a large pile of medium and large Cotswold stones surplus to requirements. Free to anybody who can use them. Would be suitable for building a rockery.

Please phone Della on 882584 to arrange collection.



# Dates for your diary

Unless shown, events are in the Village Hall

# May 2018

<u>Thursday 3rd</u>		Parish Council elections
Friday 4th, 7pm fo	<u>r 7:30pm</u>	Cassington Movies
<u>Monday 7th</u>	Early	Cassington Movies / May bank holiday
<u>Monday 7th 10 am</u>		Cassington Cafe
Monday 7th 2pm - 4pm Aunt Sally fun day at Red Lion		
Thursday 10th, 7:3	<u>0pm</u>	Parish Council Meeting
Fri 11th - Sun 13th Dream Between : Three Muskateers		
<u>Thursday 17th, 7:30pm</u> Annual Parish Meeting		
		in the school hall
<u>Monday 28th</u>	S	pring bank holiday

June 2018

Friday 1st, 7pm for 7:30p	<u>m</u> Cassington Movies
Monday4th,10 am - 12 noo	on Cassington Cafe
<u>Thursday 7th, 7:30pm</u>	Parish Council Meeting
<u>Fri 9th - Sun 10th</u>	Adult Dreams : The 39 Steps
<u>Thursday 21st 8pm</u>	Cassington Bookworms
	see advert on this page for venue
Monday 25th 4pm	Cassington Bike Night

Cassington Bike Night I Tickets for films and shows from: I

Ruth Bakewell (01865 883512)

# A village tradition



(A raffle with a difference)

Did you know every Saturday evening in the Red lion for the past 20+ years a meat draw has taken place? Call in anytime from 9pm to buy your tickets.

£1 a ticket, drawn at 11pm and you could win a breakfast pack, joint of meat or chops for your Sunday roast, supplied fresh from Bartlett's butchers in Kidlington. (At least 5 prizes) All proceeds go to the upkeep of the playing field via sports and social.



# what's on?



## CASSINGTON MOVIES 4th May 2018

## Padington 2

Tickets £5 Ruth 01865 883512. Bar and raffle. Doors open at 7pm and the film starts at 7.30pm.

-----



CASSINGTON CAFÉ CASSINGTON VILLAGE HALL

Monday 7th May 2018 10am - 12 noon

## CASSINGTON WI

Thursday 17 May 2018 - 7:30pm

RESOLUTIONS





The Cassington Kickabout - every Wednesday at 8pm at Cassington playing fields

## Cassington Bookworms

The book chosen for our ( next meeting on May 21st ( at 8pm is 'Dubliners' by James Joyce.

All welcome.

Phone 880740 for venue